

Respect

Respect is showing consideration for others. It means you act in a way that shows you care about others' feelings and wellbeing.

Organisation

Organisation is being mentally and physically prepared to face any challenge.

Inquisitiveness

Inquisitiveness leads to greater wisdom by questioning, challenging and considering how information has been revealed or why it is presented in such a way. Curiosity enables a greater appreciation of alternative theories, cultures and ideals.

Resourcefulness

Resourcefulness is being able to overcome an obstacle, on your own, or with others.

Resilience

Resilience is continuing to apply yourself when success is not immediate: the stamina to keep going when faced with setbacks.

Courage

Courage means taking responsible risks. Moral courage is to be principled, and prepared to stand up to intolerance and injustice.

Reflection

Reflection is being self-aware, thoughtful and open-minded, so you can appreciate your own and others' strengths and vulnerabilities.

