

# HaileyburyTurnford

Ambition · Pride · Success

Issue No.8

February 2019

Dear Parent/Carer

Are you aware you can receive early help for your family with a system known as 'Families First'. Families First is a countywide multi-agency system and response to supporting family outcomes at a local level. It brings together organisations that provide early help services under one umbrella of consistent practice and clear processes. The Families First Portal signposts support for families. The Families First Portal is a directory of organisations, services and groups in Hertfordshire that can help you with problems you or your family may be facing, before things might get worse. This is known as 'Early Help'

You may not want or need to ask for help from a professional and there's lots of support you can find yourself by looking on the portal.

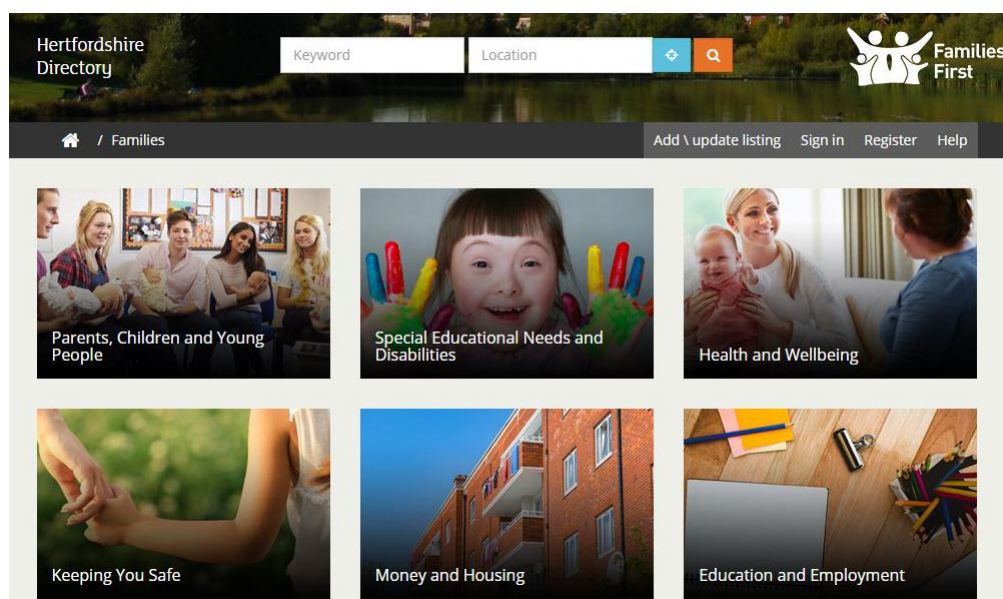
The website link to the Families First Portal can be found here:

<https://directory.hertfordshire.gov.uk/kb5/hertfordshire/directory/familiesfirst.page?familiesfirstchannel=0>

Parents and Carers can find help and advice on the following topics:

- Parents, Children and Young People
- Special Educational Needs and Disabilities
- Health and Wellbeing
- Keeping You Safe
- Money and Housing
- Education and Employment

You can find a whole range of information and support for you and your family. If you are looking for support for a child or young person with SEN or disabilities, then please look at the Local Offer pages available on this website.



Haileybury Turnford, Mill Lane, Cheshunt, EN8 0JU 01992 308333 [www.haileyburyturnford.com](http://www.haileyburyturnford.com)  
Principal: Robin Newman MSc MBA

Haileybury Turnford is a trading name of Haileybury Academy Trust, a charitable company limited by guarantee registered in England and Wales with registered number 09659808.

Registered office: Haileybury Academy Trust, London Road, Hertford Heath, Hertford, Hertfordshire, SG13 7NU

# HaileyburyTurnford

Ambition · Pride · Success

Please find details below regarding an Emotional Wellbeing Masterclass offered for all Parents/Carers on Wednesday 13<sup>th</sup> and 27<sup>th</sup> February at the Multi-Purpose Day Centre in Borehamwood.

Yours faithfully

**Mrs M Goodes**  
Vice Principal

The emotional wellbeing masterclass has been designed to give parents a greater understanding of their child's inner world.

Looking at child & teenage brain development and how this can impact a young person's mental health, resulting in anxiety, anger, fear or panic.

It provides a space to reflect with others.

## Emotional Wellbeing Masterclass



Wednesday 13th February, 10am – 1pm  
and Wednesday 27<sup>th</sup> February, 10am – 1pm

The class is taking place at the site of the  
Multi Purpose Day Centre, 100 Aycliffe Road, Borehamwood, WD6 4EJ

Strategies are provided to parents to assist with the continuation of ideas taken from the group.

The group is mindful of each parent's individual circumstances and situation with their child.

There are different activities including worksheets & videos throughout the group to suit each parent's individual learning style.



Haileybury Turnford, Mill Lane, Cheshunt, EN8 0JU    01992 308333    [www.haileyburyturnford.com](http://www.haileyburyturnford.com)  
Principal: Robin Newman MSc MBA

Haileybury Turnford is a trading name of Haileybury Academy Trust, a charitable company limited by guarantee registered in England and Wales with registered number 09659808.

Registered office: Haileybury Academy Trust, London Road, Hertford Heath, Hertford, Hertfordshire, SG13 7NU