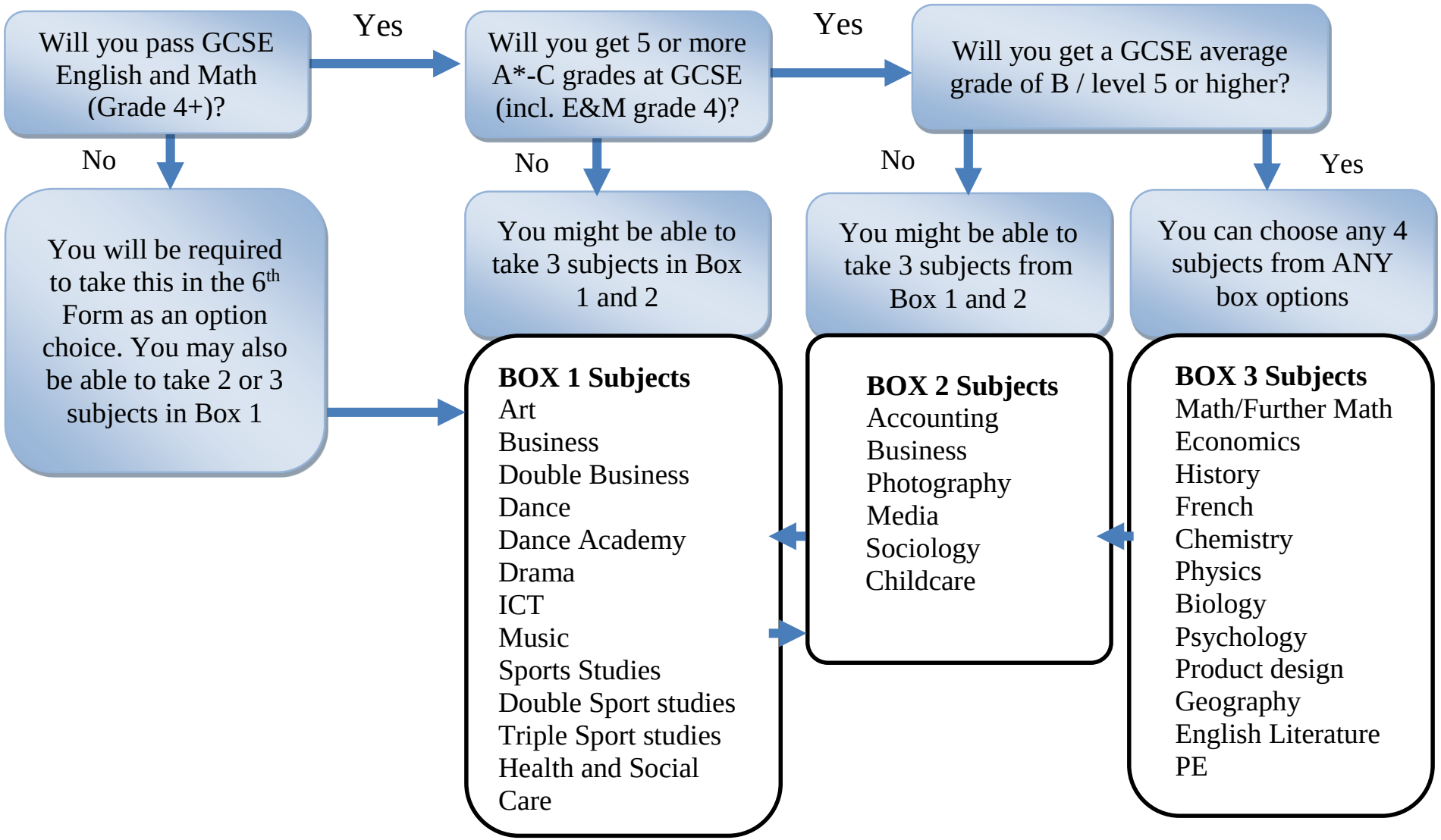How can I decide what subjects are suitable for me?