

SUBJECT: Personal & Social Development (PSD)

Key Stage 3 Curriculum:

2019-20	Year 7	Year 8
Autumn 1	Family and Relationships <ul style="list-style-type: none">• Different family types and relationships• Marriage, love and family diversity. Characteristics of happy relationships• Features of positive peer relationships, maintaining positive relationships and issues of bullying, conflict and reconciliation.• Resilience and dealing with breakdown of relationships	Suffering <ul style="list-style-type: none">• Impact of poverty, how states of poverty arise and help given to those in poverty• Issues of homelessness and implications on mental health• How abusing our bodies through the use of alcohol and drugs can affect our mental health• Current issues in the UK and globally
Spring 1	Healthy Living <ul style="list-style-type: none">• Nutrition and diet including basic biology of the body• Balanced lifestyles and exercise including the positive associations between physical activity and promotion of mental wellbeing• Influence of damaging behaviours and impact of unhealthy behaviours on the body• Impact of obesity in the UK	Charity and Kindness <ul style="list-style-type: none">• Examples of acts of kindness and positive personal attributes• Inspirational figures including British citizenship and key British figures• Works of charities and individuals including religious and non-religious• Friendship and positive relationships including the impact on mental health
Summer 1	Personal Responsibility <ul style="list-style-type: none">• Crime prevention including knife and gang crime• Fire and water safety• Terrorism and extremism prevention• CPR/basic first aid	Puberty <ul style="list-style-type: none">• Physical changes during puberty• Menstrual cycle• Dealing with teenage issues including sexuality and LGBT• Healthy relationships including sexual harassment

Key Stage 4 Curriculum:

2019-20	Year9	Year 10	Year 11
Autumn 1	Internet Safety <ul style="list-style-type: none"> Advantages and disadvantages of the internet Issues of cyberbullying and using the internet safely Internet grooming and the impact of harmful material Extremism and UK law (Prevent) 	Drugs and Alcohol <ul style="list-style-type: none"> Categories of drugs Consequences of drug addiction and physical and psychological risks of drug use Drugs and the law Using alcohol responsibly and impact of drugs on mental health 	Managing Money and the Economy <ul style="list-style-type: none"> UK systems such as tax and welfare system Budgeting and skills for university Impact of living in poverty and the challenges of a happy successful adult life Skills for the workplace including CVs and interviews
Spring 1	Mental Health <ul style="list-style-type: none"> Factors that can influence mental health Symptoms and how to recognise mental health issues Coping with mental health issues Strategies to reduce stress and mental health issues 	UK Law <ul style="list-style-type: none"> Rights and responsibilities (Revisit KS3 topics e.g. the internet, family and sex ed) UK judicial and court systems Impact of prison and criminal records Gang crime and current UK issues 	Careers <ul style="list-style-type: none"> Low skilled manual career paths Semi-skilled career paths Skilled and white-collar career paths Steps to further education and career paths – evaluation and self-reflection
Summer 1	Summer Term: Sex and Healthy Relationships <ul style="list-style-type: none"> Biology of sex Body variation including pornography and body image Contraception and STD prevention Unhealthy relationships including domestic violence 	Sex Education <ul style="list-style-type: none"> Pregnancy and consequences of teenage pregnancy Consent, rape, FGM and sexual harassment Sexuality and sexual orientation LGBT communities and discrimination 	Exam Prep <ul style="list-style-type: none"> Lessons to be used for revision and catch up sessions.