Fit and Fed

fighting holiday hunger, inactivity and isolation

Dear Parent/Guardian,

We are writing to you to make you aware of our Fit and Fed project taking place in the Easter holidays at Isabella House Nursery, Waltham Cross.

What is it?
Fit and Fed is a holiday activity programme that seeks to offer high quality activity sessions with 2 nutritious meals every day, free of charge.

Who is it for?
The programme is targeting 8-16 year olds that are eligible to receive free school meals. If you are unsure whether your child is eligible please contact us using the details below.

Where?
The project is taking place at Isabella House Nursery, Longcroft Drive, Waltham Cross, EN8 7PZ

When?
The project will commence on Monday 6 April and run throughout the summer holidays until Thursday 16th April.
Monday – Friday from 10am – 12.30pm.
There is no commitment. All participants signing up to programme can drop in or out anytime.

How to enter
To book your child's place please fill out a Fit and Fed Easter 2020 Entry Form and return it to matthew.ridley@broxbourne.gov.uk or bring it with you on your child's first day.

If you have any questions, or for a paper entry form, please contact Broxbourne Council's Sports Development Officer Matthew Ridley at matthew.ridley@broxbourne.gov.uk or on 01992 785555 ext. 1519.

Many thanks,

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