



# Progression into Applied Psychology

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**Progression into Year 12**

**I - The Perfect Applied Psychology Student**

List 10 skills or qualities that you think you will need to demonstrate to be 'the perfect vocational student'.

1
2
3
4
5
6
7
8
9
10

The BTEC course you are about to embark on will enable you to discover different ways of studying and learning. For example:

*Various Teaching and Learning styles*

- ❖ Group/Pair work Discussions
- ❖ Class debates
- ❖ Student presentations
- ❖ Research Projects
- ❖ Media – film / music / interactive websites
- ❖ Role play
- ❖ Replication of studies
- ❖ Independent study/reading
- ❖ Extended writing
- ❖ Quizzes and games



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To get you ready, choose one of the above and come back in September with an example of how you have done it. For example, you may make a short film about your summer or research something that you are interested in.

Below, explain what you are going to do, using a minimum of 150 words.

### *Organisation is the Key to Good Study Skills*

#### **How to be organised:**

- Number and date all of your notes and handouts to keep them in order.
- Use a folder and file dividers to separate each unit for coursework (4 units)
- Take responsibility for catching up if you miss a lesson due to illness. Find the resources that you missed and also photocopy a friend's written notes.
- Check the relevant section in the textbooks and make extra concise notes if it improves your understanding. If you don't feel confident about a particular area, consult your teacher. Never be afraid to ask for help if you don't understand.
- Always come prepared to class, bringing course handbook, writing equipment, class notes from previous lessons, diaries etc.
- If at any point you feel overwhelmed by the work – call for help – wave – don't drown!



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Watch this video:

<https://www.youtube.com/watch?v=Nk2MBb96RJo>

Over the summer break, start thinking about how you will implement these Top 10 Tips and ensure that you have but everything you need in place for September.

Below write down the 3 that you feel that you need to focus on the most. These are personal to you.



1.

2.

3.

**CHALLENGE:** It's very easy to be self-critical, but what's difficult is knowing how to be reflective enough to help ourselves, when we find a weakness. Everybody has their areas that they would like to improve on, but do you know how you'll develop yours?

From the top 3 things you've just listed, take 1 or 2 (or all 3 if you're feeling brave!) and note down ideas on a realistic strategy or technique that will help you progress.

For instance, I can be very unorganised. 'Be more organised' isn't realistic, but to say that I will colour code my classes, make a to-do-list every morning and add 'marking periods' to my timetable are just a few ways that I can ensure I get organised.



**Progression into Year 12****II - Assignment Action Plan Proforma**

Before starting each new assignment, it is important that you think carefully about how you will complete your work to the highest standard you can, whilst always meeting the given deadlines. We will answer the following questions again at the start of each unit, and you can then use the answers as a guide for staying on top of the work.

**TASK:** Ask your teacher for a mock assignment from Unit 2. Over the summer break, fill in this action plan as if this was the real thing. Good habits lead to success and getting used to planning this out will really help.

In summary, what do I need to do for each task? Talk about each individual task.	
When do you plan to start the tasks for this assignment?	
When do you plan to finish each of the tasks?	
Are there any words you don't understand from your assignment brief or from the lessons?	
How often will you review your work with your tutor?	
What is your final deadline?	
How will you check your work is written well and is accurate?	



**Progression into Year 12****III - Key Words in Vocational Assignments**

Understanding the command words for different levels is vitally important for success. Below are sample words that may be used in assignments for the different levels. Fill in the definition of these words on the right-hand side on the table for Pass, Merit and Distinction.

A helpful link: <https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/applied-psychology/2017/specification-and-sample-assessments/SPEC-BTEC-NAT-EXCERT-PSYCH.pdf>

**Key Words for a Pass**

<b>Complete</b>	
<b>Demonstrate</b>	
<b>Describe</b>	
<b>Identify</b>	
<b>List</b>	
<b>Name</b>	
<b>Outline</b>	
<b>State</b>	

**Key Words for a Merit**

<b>Analyse</b>	
<b>Comment on</b>	
<b>Compare &amp; Contrast</b>	
<b>Describe</b>	
<b>Explain</b>	
<b>Justify</b>	
<b>Assess</b>	
<b>Discuss</b>	

**Key Words for a Distinction**

**BTEC Level 3 Applied Psychology**  
**Miss Dubra**  
**Haileybury Turnford**



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<b>Analyse</b>	
<b>Evaluate</b>	
<b>Justify</b>	
<b>Recommend</b>	
<b>Draw conclusions</b>	



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### IV – 3 things to find out ready for September

- 1) Find out which exam board our school follows for Applied Psychology.
  
- 2) Download and print off the specification for the exam board.  
Add it to a folder that you will be using to store your notes from the course.  
Read the specification and find out:
  - a) How many units do you need to study to achieve the Extended Certificate and what are the names of them\*?
  - b) How many external assessments (exams) will you have and how long are they each?
  - c) How many internal assessments (coursework) do you have?
  
- 3) Using the specification, find out about how your credits are gained:
  - a) How many points for a Pass in your exam/external assessment in Unit 1?
  - b) How many points for a Distinction in your exam/external assessment in Unit 2?
  - c) How many points do you need for a Merit overall?

*\*The fourth unit is an optional one, chosen by your teacher. After reading the spec, which optional unit would you prefer to do?*





**Progression into Year 12****V - Work Experience**

You are studying a vocational course and to be successful you need to understand what it is like to work in that industry. Over the next few weeks find out more information about your subject area by carrying out some of the below:

- Speak to someone who works in that sector.
- Research on the internet salary, working practice, qualifications, potential roles etc. [www.prospects.ac.uk](http://www.prospects.ac.uk) is a good place to start.
- Look for vacancies in the sector to determine experience and qualifications that are required. Try the NHS or British Psychological Society (BPS) website for a starting point.
- Find opportunities for work experience or job shadowing.
- Begin to look at opportunities after college/ sixth form to ensure you know what you need for that next step.

Once you have done any of the above record it in the table below:

Activity	Date	Findings



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Good luck with your progression projects and preparing yourselves for Applied Psychology in Year 12.

I hope you enjoy all of the tasks that have been set for you and you get a good idea of what to expect and look forward to when we're back.

I look forward to seeing you all in September and in the mean-time, if you have any questions, please contact me on [dubras@haileyburyturnford.com](mailto:dubras@haileyburyturnford.com) 😊

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