

# Ambition - Pride - Success



#### A message from the Head Boy & Head Girl

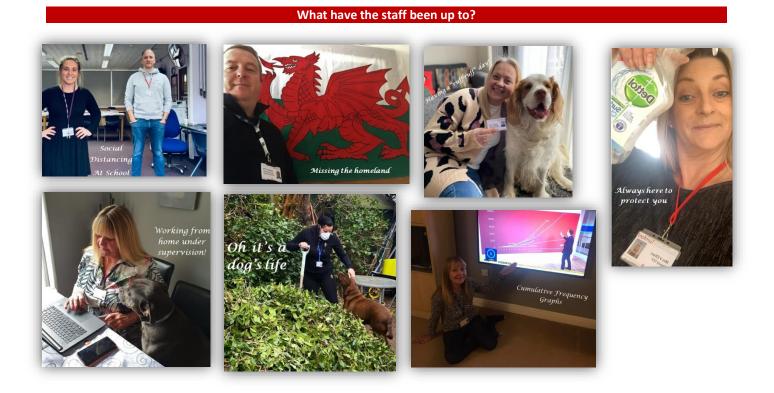
Hi everyone, we both hope you are keeping well and staying safe during lockdown. This time is hard on everyone but when it is slowly over seeing all your missed loved ones will be great.

Now, all we can do is remember to follow the government's guidelines; however hard it may be. This means you will be protecting yourselves as well as the NHS who are working tirelessly to preserve as many lives as possible.

It is also important you are looking after yourself mentally and physically, by occupying yourselves and staying connected to friends and family. This is an important time to support one another.

Stay Safe! Lauren & James





Staff have also sent their best wishes to students and parents, why not take a look at this <u>video</u>. They have also taken part in "Wear Blue for the NHS" and the video is available <u>here</u>.

### Challenge.....

## Your Sixth Form Needs YOU!

The challenge is simple, put your lanyard on and take a picture of yourself doing something less normal than an average day at school. Or even better if you put your lanyard somewhere different and send that picture in. Entries can be sent to Lauren at wollastonsmitl009170@haileyburyturnford.com

The winning pictures will be displayed in next week's bulletin, Good Luck!





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<b>Celebrating Birthdays During Lock Down</b> We wanted to take the opportunity to wish the following a Very Happy Birthday!		
Year 12	Year 13	
Tia Matthews	Holly Saags	
George Lee	Connor Hand	
Lucie Melton	Toni Williams	
Emily Witherington	Chloe Dust	
Bernice Boatin	Taylor Mackay	•
Candice Boatin	Tyler Warren	• *
Jordan Morris	Joshua Hall	
Oktay Yesilkaya	James Smith	11
Skye Collins		Hay

### A Spot Light on Year 12 Lessons – Accounting with Mr Walsh

Online lessons are in full swing. George Lee is always the first on and the lessons are always well attended! Students are working hard, and on line are interactive and keeping on their toes. We are all expecting to be back to school soon as we need to get ready for next years A Levels! This year might have been a car crash at the end but next year I am sure we will be on track. The picture shows me delivering a starter in my online Teams lesson, we use the mics to talk through answers and PowerPoints are shared as well as the homework. Students are taking it very seriously which is great. All students need to keep their brains working and not let them turn to mush!

#### Mindfulness & Exercise

It is so important that we all look after our physical and mental health during these uncertain times. So here is some advice for you to consider:

- Set daily tasks for yourself (e.g. school work, exercise, tidying)
- Learn a new skill
- Take some time for you

Leah Patterson

- Exercise using free workouts online and on social media
- Go for a run, a bike ride or a walk

If you are struggling and feel like you need some support then please get in contact with the Sixth Form team or you can get some support online, for example Young Minds, click <u>here</u> to access the website.

### Quote of the Week from our Head of Sixth Form - Mrs Shivalkar

My picture is of me in the kitchen. I seem to be doing an awful lot of cooking and eating at the moment for me and my family! I was recently sent this quote in a newsletter and it hit home.

There was a conversation between two characters, Pooh and Piglet, in A. A. Milne's Winnie the Pooh:

"Pooh!" he whispered. "Yes, Piglet?" "Nothing," said Piglet, taking Pooh's paw. "I just wanted to be sure of you."

I'm sure we have all rediscovered how important the presence of people is in our lives. If you are struggling with the current situation, please remember that we are still here to help and don't hesitate to get in touch. We will get through this unique period in our history together but, in the meantime, do all stay safe and healthy.





OLDER TODAY

YESTERDAY

YOUNGER

TOMORROW

