Year 7	Performance	Choreography	Appreciation/evaluation
Working well above standard	I can perform the five basic actions with accuracy and confidence. I can perform with focus, control and fluency with little prompting. I can rehearse and present work with different styles to a good standard. I can perform in time with the music and with others confidently. I can perform using direction, space, formations, levels and dynamics with confidence and creativity to add meaning to a performance.	I can use some choreographic devices without being prompted (e.g canon, unison, direction, levels, repetition, contrast). I can understand and explore different stimuli. I can creatively select and use a range of actions, space, dynamics and relationships to show a theme/stimulus. I can create motifs using a range of ASDR.	I can describe actions and some space and dynamics in my own and others dances. I can identify strengths and sections that were successful in my own and others work using some key terminology. I can identify areas to improve in both my own and others peformances using some key terminology. I can explain why these performances were good and why they need to improve
Working above standard	I can perform the five basic actions with confidence. I can perform with control, energy and confidence. I can remember and perform short dances independently. I can perform in time with the music for the whole dance. I can use direction, space, formations, levels and dynamics to add to the meaning of the dance.	I can select and link together actions to create a short dance. I can develop my work using some choreographic devices (e.g canon, unison, direction, levels, repetition, contrast). I can understand and explore different simple stimuli. I can select and use a range of actions, space, dynamics and relationships to show a theme/stimulus. I can create a simple motif using a range of ASDR.	I can identify and describe actions in my own and others dances. I can identify and describe strengths and sections that were successful in my own and others work. I can identify and describe areas to improve in both my own and others peformances. I can explain why these performances were good and why they need to improve.
Meeting expected standard	I can perform the five basic actions independently. I can perform with some control, energy and confidence. I can perform and remember short dances. I can perform in time to most of the music. I can perform using direction, space, formations and levels.	I can create a short dance with a strong starting and ending position. I can develop my work using simple choreographic devices (e.g canon, unison, direction, levels). I can select and apply the use of some action, space, dynamic and relationships (ASDR) to create a short sequence.	I can identify actions in my own and others dances independently I can identify strengths and sections that were successful in my own and others work independently. I can identify areas to improve in both my own and others peformances indepently. With help I can explain why these performances were good and why they need to improve.

ParticipationI can perform the five basic actions with some help.With help I can select and link together more developed actions to create a short dance.I can identify actions in my own and others dances with helpI can perform with some energy and some confidence.I can perform with some energy and some confidence.With help I can understand and show the mood/theme of the piece.I can identify strengths and sections that were successful in my own and others work with helpI can perform and remember some short dances.I can perform in time to some of the music.With help I can select and link together simple actions to create a short dance.I can sometimes perform using direction, space and formations.I can sometimes perform the five basic actions only with help.With help I can select and link together simple actions to create a short dance.With help I can identify actions in my own work.With help I can perform the five basic actions only with help.With help I can understand and short dance.With help I can identify actions in my own work.With help I can perform and remember some short dances.With help I can understand and with help I can identify actions in my own work.I can find some strengths in my own with help.
I can sometimes perform using direction, space and formations. I can perform the five basic actions With help I can select and link With help I can identify actions in
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S S With help I can perform and I I can tind some strengths in my
S the winning real period and with help least values and and a strong its in thy
of the piece.
improve in my own performance
sometimes show the mood/theme of the piece. I can identify some areas to improve in my own performance with help

Year 8	Performance	Choreography	Appreciation/evaluation
Working well above standard	 I can show physical skills in my performance accurately and confidently. I can perform with focus, control, flueny. I can rehearse and present work with different styles to a developed standard. I can perform in time with others and the music confidently and attempt to show different rhythms in the music. I can perform using direction, space, formation, levels and dynamics with confidence, creativity and clarity to add meaning to a performance. 	I can use most choreographic devices, without being prompted (e.g canon, unison, direction, levels, repetition, contrast). I can create imaginative ideas within a group and on my own. I can understand and explore different stimuli with confidence. I can create motifs using a range of ASDR with imagination. I can use basic principles of choreography, including creating, repeating and developing motifs to make my dance more interesting and original.	 I can describe actions, space and dynamics in my own and others dances. I can identify strengths and sections that were successful in my own and others work using a varity of key terminology. I can identify areas to improve in both my own and others peformances using a variety of key terminology. I can evaluate by commenting on some specific parts of the performance and give constructive feedback for areas of improvement.

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	I can perform the five basic actions with accuracy and confidence.	I can use some choreographic devices without being prompted (e.g canon, unison, direction,	I can describe actions and some space and dynamics in my own and others dances.
Working above standard	I can perform with focus, control and flueny with little prompting. I can rehearse and present work	levels, repetition, contrast). I can understand and explore different stimuli.	I can identify strengths and sections that were successful in my own and others work using key terminology.
pove s	with different styles to a good standard.	I can creatively select and use a range of actions, space, dynamics	I can identify areas to improve in both my own and others
king al	I can perform in time with the music and with others confidently.	and relationships to show a theme/stimulus.	peformances using key terminology.
Wor	I can perform using direction, space, formations, levels and dynamics with confidence and creativity to add meaning to a performance.	I can create motifs using a range of ASDR.	I can explain why these performances were good and why they need to improve
	I can perform the five basic actions	I can select and link together	I can identify and describe actions
	with confidence.	actions to create a short dance.	in my own and others dances.
ndard	I can perform with control, energy and confidence.	I can develop my work using some choreographic devices (e.g canon, unison, direction, levels,	I can identify and describe strengths and sections that were successful in my own and others
d sta	I can remember and perform short dances independently.	repetition, contrast).	work using some key terminology
Meeting expected standard	I can perfom in time with the music for the whole dance.	I can understand and explore different simple stimuli.	I can identify and describe areas to improve in both my own and others performance using some key
jg €	I can use direction, space,	I can select and use a range of actions, space, dynamics and	terminology.
etir	formations, levels and dynamics to	relationships to show a	I can explain why these
Me	add to the meaning of the dance.	theme/stimulus.	performances were good and why they need to improve.
		I can create a simple motif using a range of ASDR.	
cted	I can perform the five basic actions independently.	I can create a short dance with a strong starting and ending position.	I can identify actions in my own and others dances independently
S	I can perform with some control,	•	I can identify strengths and sections
ls e) PLU	energy and confidence.	I can develop my work using simple choreographic devices (e.g	that were successful in my own and others work independently.
varc ard	I can perform and remember short dances.	canon, unison, direction, levels).	I can identify areas to improve in
Working towards expected standard PLUS	I can perform in time to most of the music.	I can select and apply the use of some action, space, dynamic and relationships (ASDR) to create a	both my own and others peformances indepently.
orki		short sequence.	With help I can explain why these
M	I can perform using direction, space, formations and levels.		performances were good and why they need to improve.

cted	I can perform the five basic actions with some help.	With help I can select and link together more developed actions to create a short dance.	I can identify actions in my own and others dances with help
Working towards expected standard	 I can perform with some energy and some confidence. I can perform and remember some short dances. I can perform in time to some of the music. I can sometimes perform using direction, space and formations. 	With help I can understand and show the mood/theme of the piece.	I can identify strengths and sections that were successful in my own and others work with help I can identify areas to improve in both my own and others peformances with help

Year 9	Performance	Choreography	Appreciation/evaluation
Working well above standard	I can show creative physical skills in my performance accurately, confidently and independently. I can perform with focus, control, flueny and clarity of each move. I can rehearse and present work with different styles to a high standard. I can perform in time with others and the music confidently and show different rhythms in the music. I can perform using direction, space, formation, levels and dynamics with confidence, creativity and clarity to add meaning/mood to a performance.	I can select and combine choreographic skills, techniques and devices, using them with a suitable way to show a theme/stimulus/style. I can create and lead with imaginative ideas within a group and on my own. I can understand and explore different stimuli with confidence and independence. I can independently create motifs using a range of ASDR with imagination. I can use basic principles of choreography, including creating, repeating and developing motifs to make my dance more	I can independently describe actions, space and dynamics in my own and others dances using previous knowlegde. I can fluently identify strengths and sections that were successful in my own and others work using a varity of key terminology I can confidently identify areas to improve in both my own and others peformances using a variety of key terminology I can evaluate by commenting on specific parts of the performance and give constructive feedback for areas of improvement independently.
Working above standard	I can show physical skills in my performance accurately and confidently. I can perform with focus, control, flueny. I can rehearse and present work with different styles to a high standard. I can perform in time with others and the music confidently and attempt to show different rhythms in the music. I can perform using direction, space, formation, levels and dynamics with confidence, creativity and clarity to add meaning to a performance.	 interesting and original. I can use most choreographic devices, without being prompted (e.g canon, unison, direction, levels, repetition, contrast). I can create imaginative ideas within a group and on my own. I can understand and explore different stimuli with confidence. I can create motifs using a range of ASDR with imagination. I can use basic principles of choreography, including creating, repeating and developing motifs to make my dance more interesting and original. 	I can describe actions, space and dynamics in my own and others dances. I can identify strengths and sections that were successful in my own and others work using a varity of key terminology. I can identify areas to improve in both my own and others peformances using a variety of key terminology. I can evaluate by commenting on some specific parts of the performance and give constructive feedback for areas of improvement.

p	I can perform the five basic actions with accuracy and confidence.	I can use some choreographic devices without being prompted (e.g canon, unison, direction, lovels, repetition, contrast)	I can describe actions and some space and dynamics in my own and others dances.
Meeting expected standard	I can perform with focus, control and flueny with little prompting. I can rehearse and present work	levels, repetition, contrast). I can understand and explore different stimuli.	I can identify strengths and sections that were successful in my own and others work using key terminology.
	with different styles to a good standard.	I can creatively select and use a range of actions, space, dynamics	I can identify areas to improve in both my own and others
ing ex	I can perform in time with the music and with others confidently.	and relationships to show a theme/stimulus.	peformances using key terminology.
Meet	I can perform using direction, space, formations, levels and dynamics with confidence and creativity to add meaning to a	I can create motifs using a range of ASDR.	I can explain why these performances were good and why they need to improve
	performance. I can perform the five basic actions	I can select and link together	I can identify and describe actions
ard	with confidence.	actions to create a short dance.	in my own and others dances.
Working towards expected standard PLUS	I can perform with control, energy and confidence.	I can develop my work using some choreographic devices (e.g canon, unison, direction, levels,	I can identify and describe strengths and sections that were successful in my own and others
	I can remember and perform short dances independently.	repetition, contrast).	work using some key terminology
rds exp PLUS	I can perfom in time with the music for the whole dance.	I can understand and explore different simple stimuli. I can select and use a range of	I can identify and describe areas to improve in both my own and others performance using some key terminology.
wa	I can use direction, space,	actions, space, dynamics and	terminology.
to	formations, levels and dynamics to	relationships to show a	I can explain why these
rking	add to the meaning of the dance.	theme/stimulus.	performances were good and why they need to improve.
Mo		I can create a simple motif using a range of ASDR.	
cted	I can perform the five basic actions independently.	I can create a short dance with a strong starting and ending position.	I can identify actions in my own and others dances independently
s expec	I can perform with some control, energy and confidence.	I can develop my work using simple choreographic devices (e.g	I can identify strengths and sections that were successful in my own and others work independently.
towards standard	I can perform and remember short dances.	canon, unison, direction, levels).	I can identify areas to improve in
Working towards expected standard	I can perform in time to most of the music.	I can select and apply the use of some action, space, dynamic and relationships (ASDR) to create a	both my own and others peformances indepently.
or		short sequence.	With help I can explain why these
3	I can perform using direction, space, formations and levels.		performances were good and why they need to improve.