

SUBJECT: PSD

Key Stage 3: Curriculum Intent (BRIEF):

2020-21	Year 7	Year 8	Year 9
Autumn	<p>Topic: Family and Relationships</p> <p>Content covered, including knowledge and skills:</p> <ul style="list-style-type: none">-Different family types and relationships.-Marriage, love and family diversity.-Characteristics of happy relationships. - Features of positive peer relationships, maintaining positive relationships and issues of bullying, conflict and reconciliation.-Resilience and dealing with breakdown of relationships, how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed. <p>Links to prior learning:</p> <ul style="list-style-type: none">- KS2 PHSE <p>Links to British Values and SMSC</p> <p>Opportunities to express opinions and</p>	<p>Topic: Suffering</p> <p>Content covered, including knowledge and skills:</p> <ul style="list-style-type: none">-Impact of poverty, how states of poverty arise and help given to those in poverty-Issues of homelessness and implications on mental health -How abusing our bodies through the use of alcohol and drugs can affect our mental health-Current issues in the UK and globally, for example, sources of conflict, how others are living, problem solving and empathy skills-How charities support others and the impact/importance of these <p>Links to prior learning:</p> <ul style="list-style-type: none">- KS2 PHSE- Year 7 Healthy Living	<p>Topic: Internet Safety</p> <p>Content covered, including knowledge and skills:</p> <ul style="list-style-type: none">-Advantages and disadvantages of the internet the similarities and differences between the online world and the physical world, including: the impact of unhealthy or obsessive comparison with others - Issues of cyberbullying and using the internet safely, how to identify harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support, if they have been affected by those behaviours.-Internet grooming and the impact of harmful material-Extremism and UK law (Prevent)-Sexual material and the law <p>Links to prior learning:</p> <ul style="list-style-type: none">- KS2 PHSE- I.T. lessons

	discuss current issues. Diversity amongst different family types. Recognising		
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	<p>marriage as a legally binding contract. Exploring different opinions and viewpoints. Strategies to deal with personal issues and conflict.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Counselling <p>Literacy: Key words and terminology</p> <ul style="list-style-type: none"> - Nuclear family - Extended family - Reconstituted family - Lone parent family - Marriage - Divorce 	<p>Links to British Values and SMSC</p> <p>Charity and kindness. Community and how to support others. Empathy and problem solving. Exploring own and others opinions. How the Government supports those in poverty. Aspirations.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - Government sector jobs <p>Literacy: Key words and terminology</p> <ul style="list-style-type: none"> - Suffering - Poverty - Mental health - Conflict - Charity - Kindness - Community 	<p>Links to British Values and SMSC</p> <p>Rights and responsibilities. The internet and the law. Promoting tolerance and respect for others. Exploring opinions.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - I.T. sector <p>Literacy: Key words and terminology:</p> <ul style="list-style-type: none"> - Internet safety - Cyberbullying - Grooming - Extremism - Censorship - Law - Responsibility
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Spring	Topic: Healthy Living Content covered, including knowledge and skills:	Topic: Charity and Kindness Content covered, including knowledge and skills:	Topic: Mental Health Content covered, including knowledge and skills:
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	<p>-Nutrition and diet including basic biology of the body, what constitutes a healthy diet (including understanding calories and other nutritional content). -Balanced lifestyles and exercise including the positive associations between physical activity and promotion of mental wellbeing.</p> <p>-Influence of damaging behaviours and impact of unhealthy behaviours on the body, the characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health).</p> <p>-Impact of obesity in the UK</p> <p>Links to prior learning:</p> <ul style="list-style-type: none"> - KS2 PHSE - Science lessons <p>Links to British Values and SMSC</p> <p>Opportunities to express opinions and discuss current issues. Links between lifestyle choices and impact. Impact of social issues in the UK. Respecting views of others.</p> <p>Career opportunities</p>	<p>-Examples of acts of kindness and positive personal attributes</p> <p>-Inspirational figures including British citizenship and key British figures - Works of charities and individuals including religious and non-religious - Friendship and positive relationships including the impact on mental health</p> <p>Links to prior learning:</p> <ul style="list-style-type: none"> - Year 8 suffering <p>Links to British Values and SMSC</p> <p>Kindness and community. Key British figures and role models. Religious and non religious charity. Role of the economy. Opportunity to express opinions.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - Counselling 	<p>-Factors that can influence mental health - Symptoms and how to recognise mental health issues</p> <p>-Coping with mental health issues, including friends and family</p> <p>-Strategies to reduce stress and mental health issues that happiness is linked to being connected to others.</p> <p>-How to recognise the early signs of mental wellbeing concerns.</p> <p>-How to critically evaluate when something they do or are involved in can effect mental health</p> <p>Links to prior learning:</p> <p>-Links to mental health and well being throughout PSD</p> <p>Links to British Values and SMSC</p> <p>Rights and responsibilities. Personal choice and making the right decisions. Personal health and supporting others. Opportunities to express opinions.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers
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		Literacy: Key words and terminology: - Charity	- Public relations
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	<ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - Sports - Medical science <p>Literacy: Key words and terminology</p> <ul style="list-style-type: none"> - Calories - Exercise - Mental Health - Hygiene - Obesity - BMI 	<ul style="list-style-type: none"> - Kindness - Inspiration - Community - Role model - Empathy - Attributes 	<ul style="list-style-type: none"> - Voluntary Sector - Caring sector - Medical sector <p>Literacy: Key words and terminology:</p> <ul style="list-style-type: none"> - Mental health - Anxiety - Depression - Serotonin - Intervention - Suicide - Support - Care
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Summer	<p>Topic: Personal Responsibility</p> <p>Content covered, including knowledge and skills:</p> <ul style="list-style-type: none"> -Crime prevention including knife and gang crime and grooming -Fire and water safety -Terrorism and extremism prevention -CPR/basic first aid <p>Links to prior learning:</p> <ul style="list-style-type: none"> - KS2 PHSE 	<p>Topic: Puberty</p> <p>Content covered, including knowledge and skills:</p> <ul style="list-style-type: none"> -Physical changes during puberty, knowing the difference between male and female changes -Menstrual cycle and feminine hygiene - Dealing with teenage issues including sexuality and LGBT -Healthy relationships including sexual harassment <p>Links to prior learning:</p>	<p>Topic: Sex and Relationships</p> <p>Content covered, including knowledge and skills:</p> <ul style="list-style-type: none"> -Biology of sex -Body variation including pornography and body image -Contraception and STD prevention, how the different sexually transmitted infections (STIs), including HIV/AIDs, are transmitted, how risk can be reduced through safer sex - That there are a range of strategies for identifying and managing sexual pressure, including understanding peer pressure,
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	<p>Links to British Values and SMSC Rights and responsibilities. Staying safe and helping others. Respecting others opinions and recognising extremist views and behaviour.</p> <p>Career opportunities</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - Emergency Services <p>Literacy: Key words and terminology</p> <ul style="list-style-type: none"> - Knife crime - Gangs - Grooming - Hazard - Responsibility - First aid - Safety 	<ul style="list-style-type: none"> - KS2 sex education - Science <p>Links to British Values and SMSC Promoting tolerance and respect. Diversity within the UK and worldwide. Problem solving and opportunities to express opinions. Rights and responsibilities. UK law.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - Counselling <p>Literacy: Key words and terminology:</p> <ul style="list-style-type: none"> - Puberty - Hormones - Adolescence - Sexual organs - Reproduction - Menstrual cycle - Sexuality 	<p>resisting pressure and not pressurising others.</p> <p>-Unhealthy relationships including domestic violence, how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships</p> <p>Links to prior learning:</p> <ul style="list-style-type: none"> - Puberty Year 8 - Science <p>Links to British Values and SMSC Making decisions. Rights and responsibilities. UK law. Mutual respect. Impact of risky behaviour on others. Opportunities to express opinions and ask questions.</p> <p>Career opportunities:</p> <ul style="list-style-type: none"> - Social work - Teaching - Community Sector careers - Public Sector careers - Public relations - Voluntary Sector - Midwifery - Medical sector
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			<p>Literacy: Key words and terminology: - Reproduction</p>
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			<ul style="list-style-type: none">- Body variation- Contraception- Sexually transmitted infections- Safe sex- Consent- Peer pressure
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