

SEND Support for Families and Students

To support families and students, please find below useful websites with details of resources which provide helpful guidance and advice:

School Nurse Contact Information

<https://www.healthforteens.co.uk/hertfordshire/text-your-school-nurse/>

Hertfordshire County Council: Supporting Children's Wellbeing

<https://www.healthyyoungmindsinherts.org.uk/sites/default/files/publications/term%3Avocabulary%3Avid/Children%20and%20young%20people%27s%20mental%20health%20in%20Hertfordshire%20Spring%202017.pdf>

Educational Psychology Service contact details

file:///U:/consultations_poster_september_2019.pdf

<https://www.hertfordshire.gov.uk/microsites/local-offer/services-for-children-and-young-people/educational-psychologists.aspx>

Health for Teens:

www.kooth.com

<https://www.actionforhappiness.org/10-keys>

SEND Resources

Herts Local Offer – contains coronavirus updates from the SEND team at County and learning resources collated by the specialist advisory services, with useful online and printable activities.

<https://www.hertfordshire.gov.uk/microsites/Local-Offer/The-Hertfordshire-Local-Offer.aspx>



DSPL4 - <https://www.dspl4.co.uk/covid-19-support/>

DSPL4 Facebook – regular updates, advice, training, webinars and information <https://en-gb.facebook.com/pg/DSPL4/about/>

DSPL4 | Delivering Special
Provision Locally
Achieving quality outcomes

Oak National Academy - <https://www.thenational.academy/>



Supporting your child with writing

<https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/alternatives-to-writing.pdf>

Managing Anger

<https://copingskillsforkids.com/managing-anger>

Money Choices

<https://www.hertfordshire.gov.uk/microsites/local-offer/media-library/documents/resource-area-documents/money-choices-age-11-14.pdf>