

# Haileybury Turnford

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14<sup>th</sup> June 2021

Dear Parent/Carer

## Safeguarding update and support for Parents and Carers

We are aware of the concerns raised recently in the national press about Edible Drugs and promotion of Edible Drugs on some social media platforms such as Snapchat and Instagram. As you may be aware, cannabis can be mixed into food such as cakes, tea, yoghurt or sweets, gummies and lollipops. Each sweet contains THC (Tetrahydrocannabinol), this is the main active ingredient in cannabis and affects the central nervous and cardiovascular systems. When THC is ingested it can give longer lasting effects including loss of coordination, hallucinations, nausea and vomiting, lethargy, collapse or loss of consciousness and cardiovascular issues.

The amount of cannabis in these products can vary greatly and sometimes other harmful drugs are added too. The effects of consuming edibles are unpredictable, and it can be very easy to accidentally take a larger dose. Edibles take between 1-3 hours to have an effect because food is absorbed into the bloodstream through the liver. As it takes longer to be absorbed into the body, the user may end up consuming larger amounts of the drug while thinking the drug isn't working.

Overdosing with Edibles can be a greater risk because of this. We ask that you monitor food packaging / wrappers at home looking for wording such as CBD or THC suggesting the items are cannabis oil infused. Please be mindful of the medical needs should your child present with such symptoms, or if it becomes apparent, they have consumed a drug laced substance. Please phone 101 for non-emergency and 999 for emergencies. If you are made aware of any social media accounts advertising these items, we ask you report this information to the police, school or Crime Stoppers so work can be done around these accounts due to the dangers Edibles present.

We have attached some examples of what some of the sweet packages look like and also have attached the link to Frank which gives more information and laws surrounding Edibles. [www.talktofrank.com/drug/cannabis](http://www.talktofrank.com/drug/cannabis). If you have any concerns or issues or require further support, please do not hesitate to contact a member of your child's pastoral team.

Yours faithfully



**Mrs M Goodes**  
Vice Principal

### Edibles Packaging Examples



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