

Parents' Forum

14th June 2021

Revision strategies



Haileybury Turnford

AMBITION • PRIDE • SUCCESS

Year 12 Mock Exams

	P1 (8.45am)	P2	BREAK	P3 (11.15am)	P4	LUNCH	P5 (2.10pm)
Monday 5th July	Accounting (2hrs) Biology (1hr 30mins)			Physics (1hr 30mins) ICT (1hr 30mins)			
Tuesday 6th July	Media (2hrs) Economics Paper 1 (1hr 30mins)			Geography (2hr 30mins) Sociology (1hr 30mins)			
Wednesday 7th July	Economics Paper 2 (1hr 30mins) Chemistry Paper 1 (1hr 30mins)			Engineering (1hr 30mins) Psychology (1hr 30mins)			
Thursday 8th July	English Literature (1hr 30mins)			Product Design (1hr 30mins)			
Friday 9th July	History (2hr 30mins) Chemistry paper 2 (1hr 30mins)			Business (2hrs) Maths (2hrs)			



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Year 9 End of Year Exams & Year 10 Mock Exams

		P1 (8.45am)	P2	Break	P3 (11.15am)	P4	LUNCH	P5 (2.10pm)
Week 1	Monday 21st June	English Language (1hr 45mins)				English (Year 9) 1hr		Spanish - Speaking Mocks
	Tuesday 22nd June	English Literature (1hr)			-			Spanish - Speaking Mocks
	Wednesday 23rd June	Business (1hr 30mins) **Photography – all day TBC				Maths (Year 9) 1hr		Spanish - Speaking Mocks
	Thursday 24th June	Maths (1hr 30mins) **Art – all day TBC			Media (1hr)			Spanish - Speaking Mocks
	Friday 25th June	Biology (1hr 45mins) Combined Science (1hr)				Science (Year 9) 1hr		Spanish - Speaking Mocks
Week 2	Monday 28th June	Geography (1hr)			Chemistry (1hr 45mins)			Spanish - Speaking Mocks
	Tuesday 29th June	Maths (1hr 30mins)			Food (1hr) Design & Technology (2hrs)			Spanish - Speaking Mocks
	Wednesday 30th June	Child Development (1hr)			Physics (1hr 45 mins)			Spanish - Speaking Mocks
	Thursday 1st July	History (1hr 45mins)			Spanish (1hr 30mins)			Spanish - Speaking Mocks
	Friday 2nd July	INSET DAY – SCHOOL CLOSED TO STUDENTS						



How not to revise



Students often end up drifting into patterns of behaviour which undermine the effectiveness of revision.

They waste hours of time and see little benefit, which can weaken motivation and increase anxiety.

How many unhelpful features can you spot here?



Make revision more formal

Sitting at a table or desk

Get rid of clutter

25-30 minutes active revision

Scheduled breaks of 5-10 minutes



Remove distractions

Mobile turned off

No music or TV

Short breaks – not 3 hours gaming!

Not on a computer*

*except where specifically instructed by subject teacher



Look after the body

Stick to proper meals rather than sugary snacks



Take some exercise when you take a break



Ensure sensible sleeping patterns – 8-9 hours a night



Avoid making excuses

“There’s no point trying.”

Not trying is the only real failure!
Every bit of revision helps.

“I don’t know what to revise.”

Speak to your teacher!
They will be keen to help you.

“I’ll do it tomorrow*”

Putting it off makes it harder!
Start today!

* Or the day after that ...

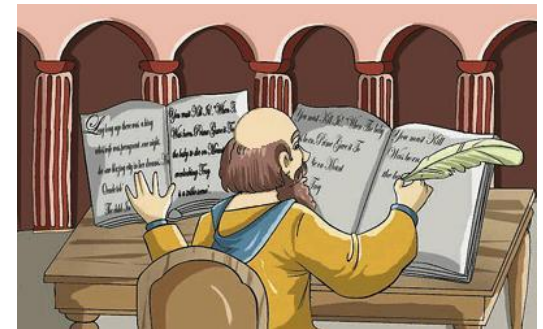


Avoid fooling yourself

‘Just reading’ isn’t effective



Avoid passive activities like highlighting or copying



Group 1 S S S S

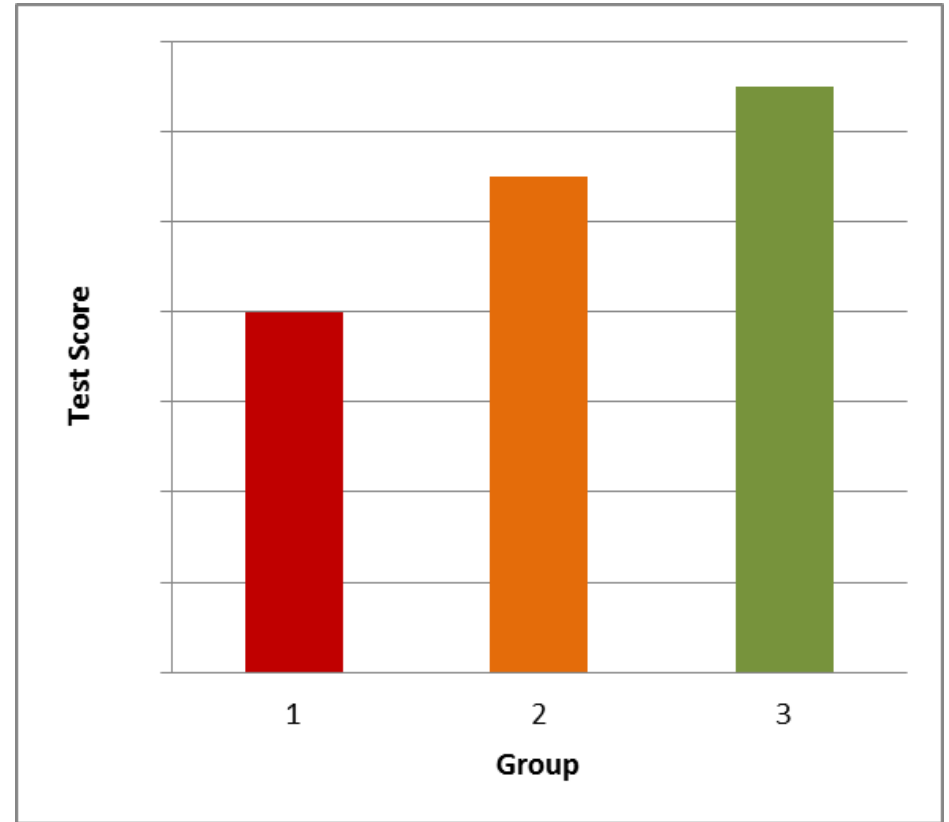
Group 2 S S S T

Group 3 S T T T

S = Study session

T = Practice test

Final test 1 week later



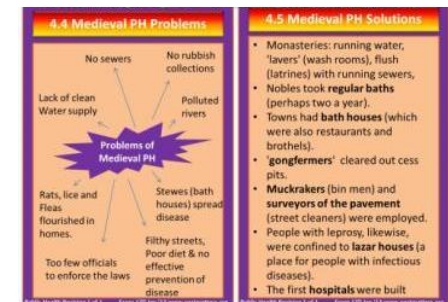
How to test yourself

Tackle example questions from memory

**Then check and improve answers
using revision guide/book**

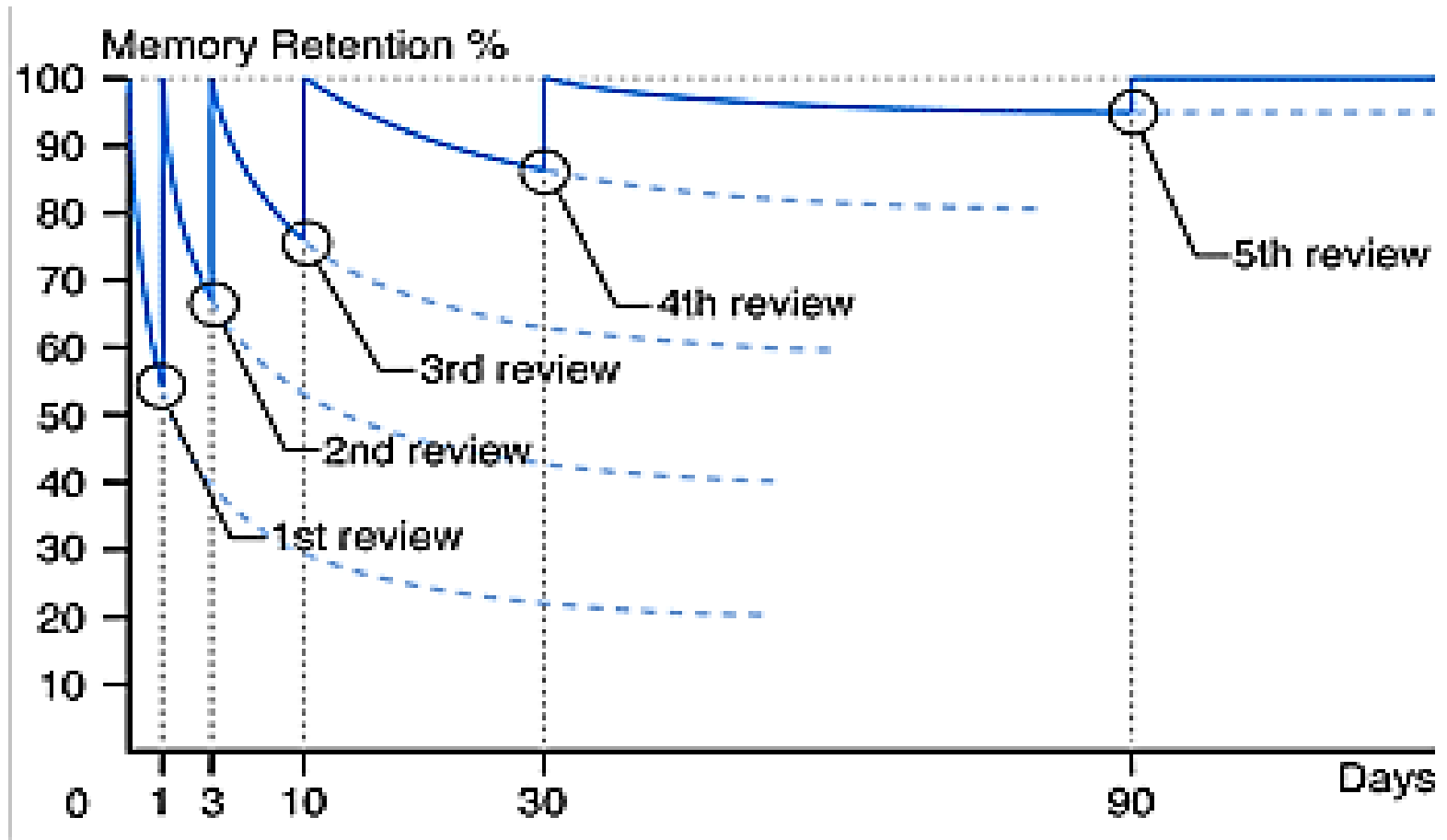
Cover and reproduce from memory

**Test yourself using flash cards
or visual maps**



HaileyburyTurnford Revision = practice over time

Each time you revise material, you learn it faster and recall it better



Building up your memory

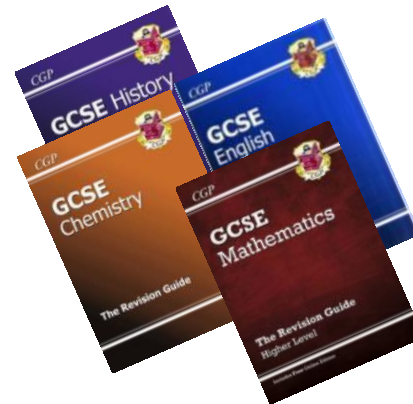
Spread it out -

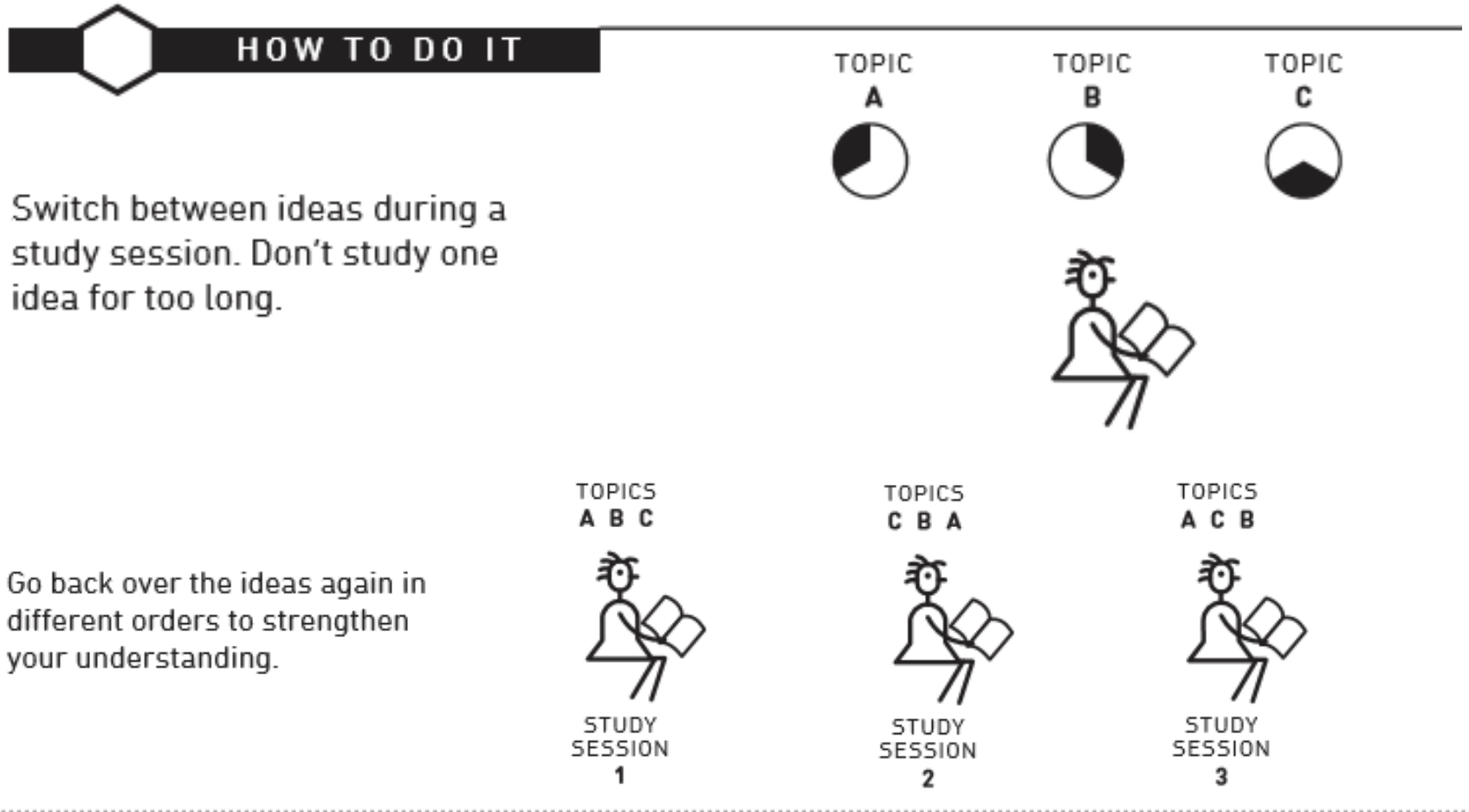
Distribute revision for a subject over several weeks

	MON	TUE	WED	THU	FRI
10.00 – 12.00	English Chemistry Geography	English Chemistry Geography	English Chemistry Geography	English Chemistry Geography	English Chemistry Geography
13.00 – 15.00	English Maths	English Maths	English Maths	English Maths	English Maths
15.15 – 17.15	Biology Business Mgt	Biology Business Mgt	Biology Business Mgt	Biology Business Mgt	Biology Business Mgt

Mix it up –

Revise 4 different subjects for 30 mins each, rather than 2 hours on one subject





How **not** to revise!

Studies show that many students adopt 'bad habits' when revising.

Don't Listen to music or have the TV on in the background

Don't Let your phone distract you (turn it off!)

Don't Procrastinate (waste time or put off revision)

Don't Leave revision to the last minute

Don't Just read or highlight



The two **best** strategies for revision:

Do Test yourself from memory

Do Repeat this over several weeks



It's natural to get a bit anxious about exam performance – but avoiding revision only makes the feelings worse!

The best cure for exam nerves is doing effective revision – students will feel much better prepared.

Revision isn't about getting a certain grade, but about genuinely trying your best.

Effective revision always pays off!



- Organised study time at home
- Group learning – group revision sessions
- Fully involved in *learning* in *all* lessons
- Utilising teacher support after school and at lunch times
- Not working past a certain time – 8 hours sleep minimum
- Having a good balance between work and social life



HaileyburyTurnford **Advice to support at home**

- Offer a suitable place to revise at home.
- Supporting your child being organised and ready to learn –checking planner, checking equipment.
- Reminding them to utilise their time outside of school.
- Supporting with a structured revision timetable.
- Students should be working at home every day – ask to see what they're doing?
- Offer to test your child – they should have answers to give you.
- Ask how they are – this can feel like a pressured time.
- Praise them for their efforts – most will be working really hard.
- Encourage social time – allow them to enjoy hobbies and friendships.

