

TALKING ASD & ADHD WORKSHOPS: THE TEENAGE YEARS

For parents and carers of children aged 11-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.




Monday
11th October 2021
7.30 - 9.30pm

We will help you to learn about:

- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- Strengthening your parent/child relationship.
- How to agree appropriate boundaries and teach risk assessment.
- Adapting our parenting approach to help our teens become independent adults.
- Where to access further help and support, locally and nationally.

An online parenting workshop delivered to your home via Zoom

Full details on how to access and use this will be offered.  zoom

Open to parents and carers across Hertfordshire

Pre-booking essential via Eventbrite Link:

[Talking ASD and ADHD: The teenage years. For parents/carers in Herts. Registration, Mon 11 Oct 2021 at 19:30 | Eventbrite](#)

Or contact Supporting Links
QUOTING REFERENCE SL468

01442 300185

info@supportinglinks.co.uk

www.supportinglinks.co.uk

Follow on:



This workshop is provided free to parents by Hertfordshire County Council



'I tried the techniques and was amazed at the outcome.'