

Mondays

Positive Alternatives Project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Mondays 4pm-6pm
For young people aged 13-17

Girls' and Young Women's Project

Cheshunt YPC, 178 Crossbrook Street, Waltham Cross, EN8 8JY
Mondays 6pm-8pm
For young women aged 13-17

Cheshunt Street Project

Mondays 6.30pm-8.30pm
For young people aged 13-17

Be Yourself Be Proud LGBT+

Call or email for details
Mondays 7pm-9pm
LGBT+ young people aged 13-17

Tuesdays

Positive Pathways Project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Wednesdays 1.30pm-3.30pm
For young people aged 13-17

Hoddesdon Street Project

Tuesdays 3pm-5pm
For young people aged 13-17

Supporting You Project

Cheshunt Young People's Centre,
178 Crossbrook Street,
Waltham Cross, EN8 8JY
Tuesdays 6.30pm-8.30pm
For young people aged 13-17

Hoddesdon Project

Pound Close Community Centre,
Hoddesdon, EN11 OPE
Tuesdays 7pm-9pm
For young people aged 13-17

Focus LD Project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Tuesdays 7pm-9pm
For young people aged 13-17 with learning disabilities

Wednesdays

Wormley and Turnford Street Project

Wednesdays 3.15pm-5.15pm
For young people aged 13-17

Healthy Relationships Project

Cheshunt Young People's Centre,
178 Crossbrook Street, Waltham Cross, EN8 7JY
Wednesdays 6pm-8pm
For young people aged 13-17

Broxbourne Youth Council

Herts Young Mariners Base,
231 Windmill Lane,
Cheshunt, EN8 9AJ
Wednesdays 7-9pm
For young people aged 11-17 who want to make a difference in their community

Focus LD Project

Waltham Cross Young People's Centre, Stanhope Road, Waltham Cross, EN8 7DJ
Wednesdays 7.15pm-9.15pm
For young people aged 18-24 with learning disabilities

Thursdays

Young Parents' Project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Mondays 2pm-4pm
For young parents and parents to be aged 16-21

Fiesta Emotional Wellbeing Project

Cheshunt Young People's Centre, 178 Crossbrook Street, Waltham Cross, EN8 7JY
Thursdays 6pm-8pm
For young people aged 13-17

Stand Up Project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Thursdays 7pm-9pm
For young people aged 13-17

LGBT+ Online Project

Online via Microsoft Teams
Thursdays 8-9pm
For LGBT+ aged 18-24

Fridays

Waltham Cross Street Project

Fridays 3.15pm-5.15pm
For young people aged 13-17

Goffs Oak Street Project

Fridays 4pm-6pm
For young people aged 13-17

Waltham Cross Friday Night Project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Fridays 7pm-9pm
For young people aged 13-17

Duke of Edinburgh (DofE) Award

Cheshunt Young People's Centre, 178 Crossbrook Street Waltham Cross, EN8 7JY
Every third Friday
7pm-8pm (14-17years)
8pm-9pm (18-24 years)

Saturdays

The Cross Presents Saturday Night project

Waltham Cross YPC,
Stanhope Road,
Waltham Cross, EN8 7DJ
Saturdays 6.30pm-8.30pm
For young people aged 13-17



Scan to view the latest list of projects



CALL 01992 588220 TEXT 07860 065173
EMAIL sfyp.broxbourne@hertfordshire.gov.uk



@sfyp.broxbourne



@BroxbourneTeam

Services for Young People

Access Points

Access Points are centres specifically for young people to access free and confidential information, advice, guidance and sexual health services. You can come in and talk to us about:

- Careers advice
- Training & apprenticeships
- Independent living skills
- Emotional wellbeing & mental health
- Sexual Health Services
- Free condoms
- Pregnancy tests
- Screening for Chlamydia & Gonorrhoea
- Finances and housing
- Substance misuse

All young people in Hertfordshire aged 13-19 are welcome at any of our Access Points. They are also available for care leavers under the age of 21 and for young people with any type of disability under 24 years old.

Where's my nearest Access Point?

If you live in Broxbourne District, your nearest Access Point might be **Cheshunt Access Point** (EN8 8JY). *For opening times and exact locations, please scan the QR code above.*



Connect with Us

Follow us on social media to keep up-to-date with our youth work projects, Access Point opening hours and for tips and advice from our team!

 @sfyp.broxbourne

 @BroxbourneTeam



Who are we and what do we do?

Hertfordshire County Council Services for Young People provide free youth work projects, information, advice, work related learning, careers guidance and wider support for all young people in Hertfordshire.

Planning for your future

Our Personal Advisers can support you with researching your future career options, identifying your skills and strengths, deciding your goals, and even suggesting new possibilities that you might not have previously considered.

If you're not currently in work, training or education, our team of Employment & Training Advisers can support you with developing your CV, practising for interviews and even writing applications.

Text CAREERS to 07860 065173 to connect with one of our team.

Contact Us

CALL 01992 588220 TEXT 07860 065173
EMAIL sfyp.broxbourne@hertfordshire.gov.uk

Services for
Young People

Making plans for your future?

Planning for your future can feel like a challenge and sometimes your long-term goals can suddenly change, especially whilst we're living with Covid-19.

Perhaps you started a college course or apprenticeship and realised that it wasn't for you, or maybe you have completed your school education but struggled to find work because of Covid-19.

Our team of Personal Advisers can support you with researching your options, making decisions and even suggesting new possibilities that you might not have previously thought of.



Not in education, training or employment?

Our **Pathways to Success** programme is designed to support young people who are not in education, work or further training, or those who may become so in the future. Our Personal Advisers will support you on a one-to-one basis to identify your skills and interests, work on your CV, practise your interview skills, and boost your employability. Contact us today to find out more!

Where you can get support?

Our qualified personal advisers are available for face-to-face, email or virtual support. Some schools and colleges in Broxbourne may have their own Personal Adviser who comes in once a week, but you can make an appointment by email or over the phone if not.

What have other young people said about our careers support?

"The help I got from SfYP has really helped me with bringing up my confidence and get on a programme I liked. Now I feel happier about my future."

"SfYP inspired me to go to college and helped me get a place and the support I needed."

"I really enjoyed our sessions, they really helped me with my confidence and to pick the right college course."

"I always felt that I had help and guidance when I needed it. I had somebody looking out for me and keeping me on track."

Contact Us

Call **01992 588220** or text **'CAREERS'** to **07860 065173** to connect with a Personal Adviser. You can also email us: sfyp.broxbourne@hertfordshire.gov.uk

Services for
Young People

Keeping safe in your relationships

Spot the warning signs

Abuse in any relationship is when you begin to feel scared or controlled by the person you're with. This can be your partner, friend or family member. It can be confusing as sometimes it feels like a loving relationship, but often only when you behave in a certain way. It can happen to anyone at anytime, so it's important to recognise the signs. Are you:

- Afraid some or most of the time?
- Made fun of, belittled, put down or ridiculed?
- Worried about talking about certain things if your partner is in a bad mood?
- Making excuses or hiding details when talking to other people about your relationship?
- Worried that you're overreacting or imagining things?
- Made to feel guilty or being blamed for someone else's actions?
- Feeling worthless, helpless or like you need to hurt yourself?

Consent

Consent means "permission for something to happen or an agreement to do something." Consent is about being in control and agreeing to something because you choose to and know all of the facts, not because someone has pressured you into it. You have the right to say how you feel and your decision must be respected.

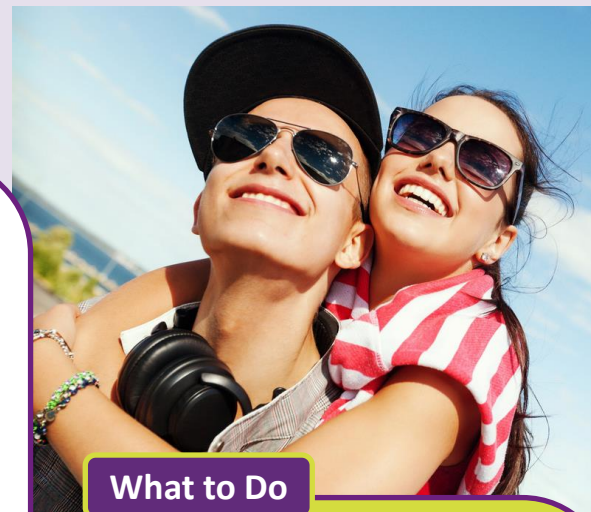
It is the law that both people in a relationship have an equal right to give their consent. Relationships can change over time, so you can change your mind at any point, even if it's written down somewhere, such as on WhatsApp. You don't even have to say no – **unless you say yes and mean it, then it is not giving consent.**

Types of pressure

- Being made to feel stupid or guilty for saying 'no'.
- Being bullied into having sex (whether you identify as male or female).
- Threats of rumours being spread about you or photos of you being shared without permission.
- Being encouraged to drink alcohol or take drugs to make you 'relax' or more likely to have sex.
- Playing with your emotions, for example saying, 'If you really loved or cared for me, you would let me do this' or "if you don't then we can't be together".

Need support?

Call 01992 588220 or text SUPPORT to 07860 065173 to connect with one of our team.



What to Do

If you're worried about a relationship changing or becoming abusive, you can always talk to one of our Youth Workers. For information, advice, guidance and support – just text **SUPPORT** to **07860 065173**.

You can also call:

- Childline on 0800 1111
- Refuge on 0808 2000 247

If it's an emergency, call 999. If you can't speak, listen to the questions and tap or cough to answer. Press 55 to signal an emergency.