

## Bringing up confident children for parents of children with ADHD/ASD (online group)

Worried about your child? Join our online group and get support to help your child feel more confident and happier. This is an online group and will be delivered via MS Teams.

When: Every Thursday, 11th November - 16th December

Time: 7.00pm - 9.00pm

For more information, contact Louise on 0204 522 8700 or 8701 or email services@familylives.org.uk



Find us on Facebook @FamilyLivesHertsandBeds

www.familylives.org.uk
We build better family lives together



