

Haileybury Turnford

AMBITION • PRIDE • SUCCESS

Year 7 Student Bulletin Vol. 1 Date: 22nd October 2021

A MESSAGE FROM MISS ALLINGHAM

Hi Year 7!

Well-done for such an excellent first half-term at Haileybury Turnford!

You have settled in so well and, as you can see from the nominations and work below, had many successes.

I hope that you enjoy your half-term break and look forward to seeing you continue your success so far when we return in November.

Miss Allingham

Top Ten Achievement Points



Well Done!

For this half-term



Ernest Hangujja	287
Lucy Boyes	222
Maddison Howe	206
Scott Fletcher	203
Samir Faiz	194
Laceyrose Perkins	193
Cariss Wilson	183
Le Vy To	175
Lara Basci	174
Alyesha Thompson-Richards	173

Form Group Achievement Points

This Half-Term

7 Austen	4,323
7 Shackleton	3,807
7 Bevan	3,243
7 Pankhurst	2,909
7 Bader	2,707

Form Competition House Points

Austen	42
Bader	34
Bevan	10
Pankhurst	45
Shackleton	19

Your mental health and wellbeing is important.

Five Ways to Wellbeing



The **Five Ways to Wellbeing** are steps that we can take that have been proven to increase our sense of wellbeing.

Wellbeing means much more than simply not feeling ill or fed up. The World Health Organization defines health as 'a state of complete physical, mental and social wellbeing'. When we feel happy, healthy and content, we have **positive wellbeing**.

It is important to understand that the 5 ways of wellbeing should be practised everyday in small ways. You probably do lots of this everyday without knowing. By doing these, your body makes lots of 'happy' chemicals that flow through your body and naturally improves your wellbeing.

Our brains manage how we feel. How we feel has an impact on our **physical** and **mental health**.

If we are experiencing bad things, such as being left out of our friendship group, experiencing the loss of a loved one, our brains make us feel very low. But, if we are experiencing good things, like someone being kind to us or exercising, our brain makes us feel good, happy and fulfilled. Our **mental health** has ups and downs on a daily basis and this is because of how our brains make us feel.

The Five Ways to Wellbeing are:



Connect. Good relationships are important for our wellbeing.

Be active. Being physically active improves our physical fitness and mental wellbeing by raising our self-esteem and giving us a sense of achievement.

Take Notice. Paying more attention to things around us can help us to feel calm and peaceful. Sometimes, this is called mindfulness.

Keep learning. When we adopt an attitude that there is always something to learn, we increase our wellbeing. Learning a new skill or hobby can boost our self-esteem and confidence.

Give. Giving our time, skills or resources to help others is proven to help us too! Research suggests that acts of giving and kindness can help improve our mental wellbeing by creating positive feelings.

Where can I get help if I need it?

Healthy Young Minds in Herts:

<https://www.healthyyoungmindsinherts.org.uk/young-people>

Every Mind Matters:

<https://www.nhs.uk/oneyou/every-mind-matters/>

Headspace:

<https://www.headspace.com/meditation/kids>

YC Herts:

<https://www.ychertfordshire.org/about-ych-services-for-young-people/what-is-ych-services-for-young-people/>

Just Talk Herts:

<https://www.justtalkherts.org/young-people/young-peoplelooking-after-your-mental-health.aspx>

ChildLine:

<https://www.childline.org.uk/info-advice/>

Subject Successes!

Music

Lucy Brown

Izeec Akinmoladun

George Routledge

Audrey Walker

Scott Fletcher

Cagla Elitok

Tyler Harrold

Amelia Michalik

Kacey Dix

Bukky Dosunmu

English

Scott Fletcher

Ernest Hangujja

Samir Faiz

Laceyrose Perkins

Amelia Michalik

Blake Lenard

Izeec Akinmoladun - Works hard and reads beautifully to the class

Lucy Brown - Works hard, collaborates well and gives her best in every lesson

Spanish

Izeec Akinmoladun - good listening and following instructions, good work in lessons- fantastic

Aydin Charalambous - good listening and following instructions, good work in lessons- fantastic

Daniele Cusano- for a great change in attitude to his Spanish and being a great class member

Don Sakyi - for being responsible

Melody White - for being responsible and having a great work ethic

Kacey Dix - for being polite and a hard working person

Aniya-Rose Wright-Davis - for making great progress and exceeding in Spanish

Amelia Sobejko - for making great progress and exceeding in Spanish

Maddison Howe

Rickeem Gordon

Angelica Biniecka

Summer Hampton

PSD

Cariss Wilson- polite and thinks hard

Erdem Kilic – challenging himself

Angelica Biniecka - for challenging herself

Enterprise

Zakariah Hassan

Samir Faiz

Lara Basci

RS

Amelia Sobejko

Marco Landi

Photography

Nikolaos Pastounakis

Atay Ocak

DT and Food Tech

Marco Landi

Kacey Dix

Laceyrose Perkins

Lavinia Mainardi de Andrade

Don Sakyi

Elizabet Milanova

Listowell Finney

Ciprian Ghertan

Media

Ernest Hangujja

Dilan Heidari

Isla Carey

Ryan Collins

Kacey Dix

Aniya-Rose Wright-Davis

Ava Fairclough

JJ Thurgood

Lara Basci

Samir Faiz

Dance

Lucy Boyes

Angelica Binniecka

Brian Siaw

Steeyah Husraz

Alexia Bennett

Ciprian Ghertan

Sophie Linger

Don Sakyi

Alisa Temur

Le Vy To

Maths

Zakariah Hassan

Kacey Dix

Blake Lenard

Melody White

Jack Spink - Made a huge improvement since the beginning of the year, mainly due to his hard work and focus

Ava Fairclough - Always gives her best in every lesson, also a fantastic team player who is always willing to help others

Art

Alyesha Thompson-Richards

Laceyrose Perkins

Isla Carey

Blake Lenard

Ashleigh Binns

Amelia Michalik

Drama

Sheniz Green

Scott Fletcher

Lacey Rose Perkins

Marco Landi

Brian Siaw

Shantal Dean Kelly

Don Sakyi

Blake Lenard

Ernest Hangujja

Geography

Maddison Howe

Ernest Hangujja

Hayden Wharfe

Macy Key

Oliver Tupper

Ava Fairclough

History

Daniele Cusano – has an excellent attitude to learning and contributes well to lessons

Tyler Harrold – has an excellent attitude to learning and contributes well to lessons

Samir Faiz

Macey Key

Steeyah Husraz

Brian Shaw

Marco Landi

Amelia Sobejko

PE

Marco Landi

Amelia Sobejko

Layla Broughton

Ava Fairclough

Steeyah Husraz

Brian Siaw

Blake Lenard

Science

Samir Faiz

Layla Broughton

Blake Lenard - excellent attitude to learning and taking part in lessons.

Amelia Michalik - excellent attitude to learning and taking part in lessons

Jack Spink – for excellent effort and practical skills

Odri Riggi – excellent effort and attitude to learning

Ernest Hangujja - consistent dedication and determination towards Science

Madison Howe - consistent dedication and determination towards Science

Work Wall of Fame!

miércoles, 6th de octubre de 2021

Como eres

Diego es nervioso nervous ✓
 Clara es loca crazy ✓
 Maria es enferma ill ✓
 Felix es serio serious ✓
 Paulo es loco loco crazy ✓
 Ana es tranquila calm ✓

Translation

Diego is nervous
 Clara is crazy
 Maria is ill
 Felix is serious
 Paulo is ill
 Ana is calm

To be

ser estar

I am nervous I am out the hospital
 Emotion and Temporary needs location - to say

otro Tack 1 = Traducir

- Tall ✓ Alto ✓
- Short/low ✓ bajo ✓
- nice, friendly ✓ Si simpatico
- happy, cheerful ✓ alegre
- good-looking ✓ guapo ✓

In Spanish, the verb ser means to be, while describing permanent characteristics.

Soy - I am
 es - is/has
 se - is/has
 es - is/has

4 soy also	✓	✓
2 es simpatico	✓	✓
3 es bajo	✓	✓
1 soy serio	✓	✓
5 soy tranquilo	✓	✓
6 soy loco	✓	✓
7 soy enfermo	✓	✓
8 soy alto	✓	✓

8 cosas que son
 es simpatico
 es simpatico
 es simpatico
 es simpatico
 es simpatico
 es simpatico
 es simpatico
 es simpatico

adjective agreement

1) Spanish, we already know that adjectives ending in o change to a when the person being described is female.

2) When the adjective ends in e there is no change.

3) Pablo o Claudia M g
 alta - tall ✓

4) simpatico - nice ✓
 es alegre - cheerful ✓
 es tranquilo - calm ✓
 es interesante - interesting ✓
 es rico - rich ✓

5) simpatico - nice ✓
 es alegre - cheerful ✓
 es tranquilo - calm ✓
 es interesante - interesting ✓
 es rico - rich ✓

6) simpatico - nice ✓
 es alegre - cheerful ✓
 es tranquilo - calm ✓
 es interesante - interesting ✓
 es rico - rich ✓

7) simpatico - nice ✓
 es alegre - cheerful ✓
 es tranquilo - calm ✓
 es interesante - interesting ✓
 es rico - rich ✓

8) simpatico - nice ✓
 es alegre - cheerful ✓
 es tranquilo - calm ✓
 es interesante - interesting ✓
 es rico - rich ✓



Refugee boy: analysis

- I can infer that the word 'road' means he is going somewhere. I can also infer the word 'nowhere' means nothing is there or doesn't exist.
- I predict that in this chapter he will be stuck in the children's home, or he could be on the bike and he gets lost or left behind.

How does Alan feel after racing away?

- Alan feels angry and regrets what he has done. This is shown in the text 'sick of walking, sick of the cold and sick of the dark'. The techniques used here is repetition and listing, because of the repetition it shows that he is really annoyed and fed up.
- Alan feels hopeless and doesn't care. This shows in the text 'he took a risk and lost the road'. This technique is emotive language. This implies that he is fed up and doesn't care. Develop
- This is because he has nothing left to lose and thinks nothing matters.

Dear Diary,

I want to go home. I had to leave Africa with my dad. But the other day I woke up and dad was gone. I really, really, really miss him. That after-noon I met Pamela and Marian. We talked and talked. As the sun started to slowly get they took me to an Indian restaurant and then took me to this funny little place. It was called an office.

These funny named people came waddling in with this drink called a cup of tea, biscuits, milk and sugar. I did not want to have it, sounds weird. After that Martin was on the phone and came back in and said that I am going to a children's home. The children's home sounds like a place that is crowded and scary. Anyway, I will go there and tell you what it is about.

S1 S2 S3 S4 S5 S6 S7

Dear Diary,

I am so stressed. I am going to a new place and I don't know anyone there. ~~But~~ Panda isn't going to be with me.

This makes me so anxious. I can't barely sleep. I miss my family and I miss my stressfull home.

I really do wish to go back home. I used to live in ~~the UK~~ now I'm in England working and so my journey to the child's home.

Yours sincerely
AK Alem

Refugee boy: Chapter 10

Friday 15th October 2022

Starter

1- Freedom to me means ~~good~~ getting set up in a country

Freedom independence

because they are being rude about things people can't control

they say about refugees trash homes

so they don't lose money

they will treat them like their rubbish


To the Daily Mail
Northcliff House
2 Derry Street
London W8 5TT

Dearest editor,

Why, Why, Why. My name is Akem Kelo and I'm 14. I am disgusted with what you put in your papers about refugees swarming London streets, trashing homes and destroying the society. You never know why people are refugees because I am a refugee and I think you should get evidence before you write anything about refugees.

LO: How can I record successfully from a secondary source? Name: Ishal Class: 10A

Draw the leaf given to you in your assessment book.




Work from the larger version of the leaf given to you in your assessment book.

TEACHER TARGET	Shape	Detail
1	Create outline from when describing your shape outline.	
2	Create more of an accurate outline.	
3	Ensure the object is in proportion.	
4	Add more detail.	
5	Refine shape using tone.	

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