

# Haileybury Turnford

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25<sup>th</sup> March 2022

Dear Parent/Carer

## **PSD Sex Education - Year 9**

As part of the RSE curriculum at Haileybury Turnford, Year 9 students will be taking part in sex education lessons commencing from April, summer term.

Sex education lessons will provide our students with the provision of information about bodily development, sex, sexuality, and relationships, along with skills-building to help young people communicate about and make informed decisions regarding sex and their sexual health.

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. The lessons will aim to help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood. Sex education plays an important role, alongside other aspects of the curriculum and school life, in helping pupils deal with difficult moral and social questions.

Some of the topics that will be covered this term include:

- Physical and emotional changes during puberty
- Body variation and body image
- Biology of sexual reproduction
- Contraceptive methods and sexual health
- Menstruation cycle and the biology of pregnancy
- Healthy relationships, decision making and critical thinking skills

The lessons have been specifically designed by leading, national experts at the Sex Education Forum who have extensive experience in teaching sex and meet government legislation on Sex and Relationships Education (SRE). We believe these are valuable lessons taught by staff that have completed intensive training.

If you have any questions about the content of lessons or the PSHRE curriculum provision at Haileybury Turnford, please do not hesitate to contact the head of PSHRE Ms Brain at [brainl@haileyburyturnford.com](mailto:brainl@haileyburyturnford.com).

Yours faithfully

**Ms L Brain**

Subject Leader - PSHRE & Sociology



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