

3rd March 2023

Dear Parent/Carer

PE kit procedure and expectations

It is compulsory that students have the opportunity to be physically active at school. Physical activity is not only beneficial for physical health but just as important for mental health too. As per the National Curriculum, students in Years 7-9 have four PE lessons across their two-week timetable which cover a variety of different sports and activities. Our curriculum enables students to improve their physical skills and abilities in these activities, as well as develop their personal skills such as teamwork, organisation and leadership.

To ensure that all students have consistent access to this opportunity, we have made changes to our PE kit procedure and expectations to ensure we can fully support students' physical and mental wellbeing.

If your child cannot take part in a PE lesson for medical reasons, a note or email that explains the reason for exemption is required from **parents/carers before 8.30am** on the day of the lesson. Furthermore, long term exemption must be accompanied by a GP or valid medical/hospital letter.

Students who fail to bring their PE kit to lessons, and the member of teaching staff has not received a valid note or email explanation as to why the student cannot take part in the PE lesson will incur the following sanction and consequence which adheres to the expectations set out in our Rewards, Behaviour and Discipline Policy.

- **First lesson missed due to not having PE kit = 1 student conduct point**
- **Second lesson missed due to not having PE kit = 1-hour payback**
- **Any further lessons missed as a result of not having PE kit = 1-hour payback for each lesson missed**

Please ensure that your child has their PE kit with them for the timetabled PE lessons.

Our new PE kit, supplied by Pro Sports Kit UK, can be purchased online. Please see the attached brochure for further information.

Thank you in advance for your support, please do not hesitate to contact me if you require any further details.

Yours faithfully



Miss L Stevens
Faculty Leader - PE

