



1. What is health and social care?
2. Why have you picked health and social care?



**Learning objectives:**

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## Learning objectives

- ❑ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## Key words:

Preparation

Organisation

Punctuality

Commitment

Success



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

1. **Be punctual** - Attend lessons on time and in professional attire
2. **Be prepared** for each lesson by ensuring you bring the appropriate equipment
3. **Be organised** - Ensure all work is organised in the appropriate section of your subject folder
4. **Meet deadlines** - All deadlines must be met to avoid a 6 week “Risk of Failure” program
5. **Respect** the classroom, Replace chairs, Rubbish in bins
6. Speak to **ALL** members of the HT community with **respect**
7. No mobile phones/ear pods to be used in lessons or around the school
8. **Starters** are to be completed in silence
9. Be **proactive** and not **reactive**
10. **Expect to work harder than you ever have before**



### Learning objectives:

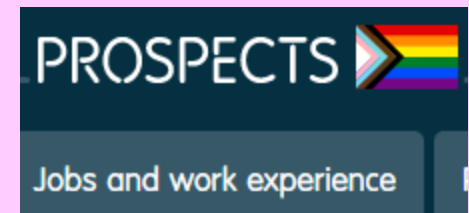
- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

- Carer
- Family support worker
- Nurse
- Doctor
- Surgeon
- Therapist
- Midwife
- Paramedic
- GP
- Matron
- Social worker



<https://www.healthcareers.nhs.uk/>

Careers in the NHS, try the careers quiz!  
Explore roles



<https://www.prospects.ac.uk/job-profiles>



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## Careers expo



*May 2024 further info to follow*

**Future Heroes** is a careers expo that displays the wide range of different career options available within the health and social care sectors.

This is a rare chance to discover careers in the health and social care sectors through interactive, inspirational activities and demonstrations.

Professionals working within the broad spectrum of careers available, so will be able to hear first hand from the people doing the jobs, what it takes to become a Health and Social Care Hero.



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## The Name Game

In groups of 3 - describe the person on your card saying anything you want, but you must not use the word on the card or anything that sounds like it, or rhymes with it.

You can also not accept any alternatives.



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## PHYSICAL DEVELOPMENT

PHYSICAL GROWTH  
BIOLOGICAL CHANGES



## INTELLECTUAL DEVELOPMENT

LANGUAGE, MEMORY, MORALS,  
CREATIVE THINKING, PROBLEM  
SOLVING, ABSTRACT THINKING

## EMOTIONAL DEVELOPMENT

THE CAPACITY TO EXPERIENCE, EXPRESS  
AND INTERPRET A RANGE OF EMOTIONS  
AND THE ABILITY TO COPE WITH THEM  
CONTENTMENT, INDEPENDENCE, SELF  
IMAGE, SELF ESTEEM



## SOCIAL DEVELOPMENT

SOCIAL INTERACTIONS  
FUNCTIONING IN SOCIETY  
SOCIAL ISOLATION  
SOCIAL INTEGRATION



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

We are going to watch some of this documentary and explore the impact of **Bulimia** on his PIES development



<https://www.bbc.co.uk/iplayer/episode/m000n1xx/freddie-flintoff-living-with-bulimia>



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start



# PHYSICAL DEVELOPMENT

What is bulimia?

What are the symptoms?

What is the impact on the body?

What do you already know? What do you need to find out?

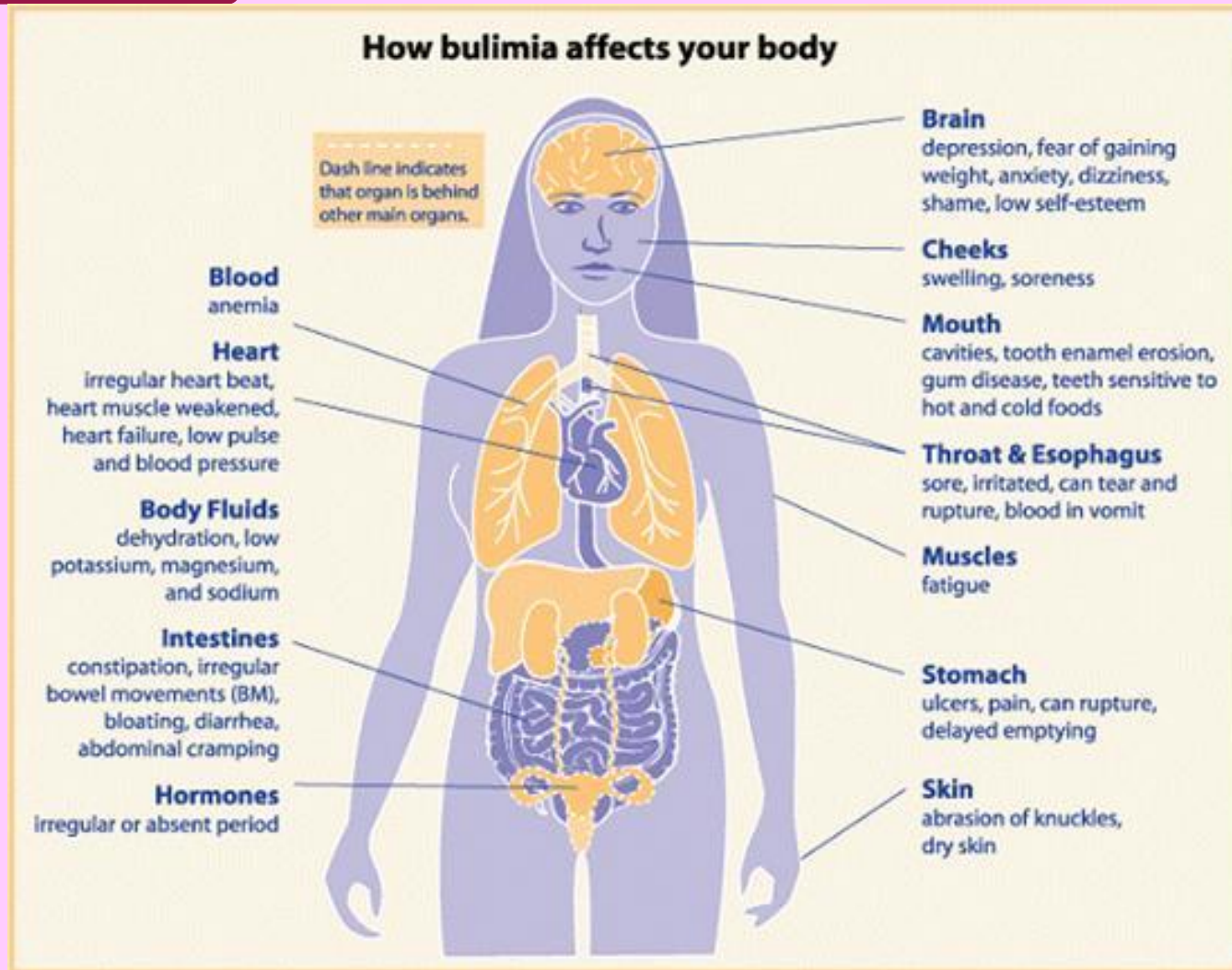
<https://www.nhs.uk/mental-health/conditions/bulimia/overview/>



## Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

# Explanation



## Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## INTELLECTUAL DEVELOPMENT

- Aware of others shapes and his own
- Doesn't want to know about bulimia
- Made aware of putting weight on via articles in newspaper
- Change of mindset - 'played alright for a fat lad'
- Link between success of weight loss and success on pitch



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

# EMOTIONAL DEVELOPMENT

- Low self image - does not want to gain weight
- Discontent - feels he will never be an ideal weight
- Weight loss reinforced by others
- Enjoyed the results
- Guilt - about eating
- Shame - felt he should be able to cope
- Worry - about how others perceived him



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

## SOCIAL DEVELOPMENT

- How does bulimia affect Freddie's SOCIAL INTERACTIONS?
- Does it impact how he FUNCTIONS IN SOCIETY?
- Does he experience SOCIAL ISOLATION?

- Keeps bulimia a secret
- Embarrassed to tell girlfriend/future wife
- Lies to her



### Learning objectives:

- ✓ To gain an understanding of the required subject in preparation for a September 2022 start

## Explanation

Do you think  
Freddie Flintoff  
should get help?



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

# Explanation



<https://www.nhs.uk/mental-health/conditions/bulimia/treatment/>

- GP - ask questions about eating habits, feelings, check weight and general health. May refer to eating disorder specialists
- Charity support - 'beat' talk in confidence
- Getting help for someone else
  - Let them know you are worried
  - Encourage to go to gp
  - Offer to go along with them

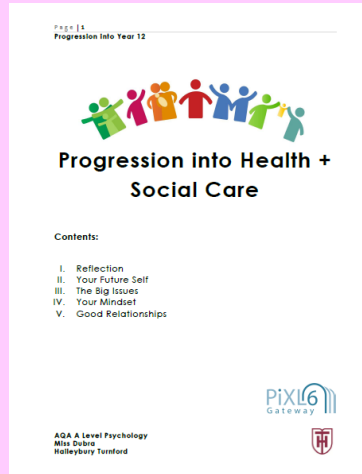
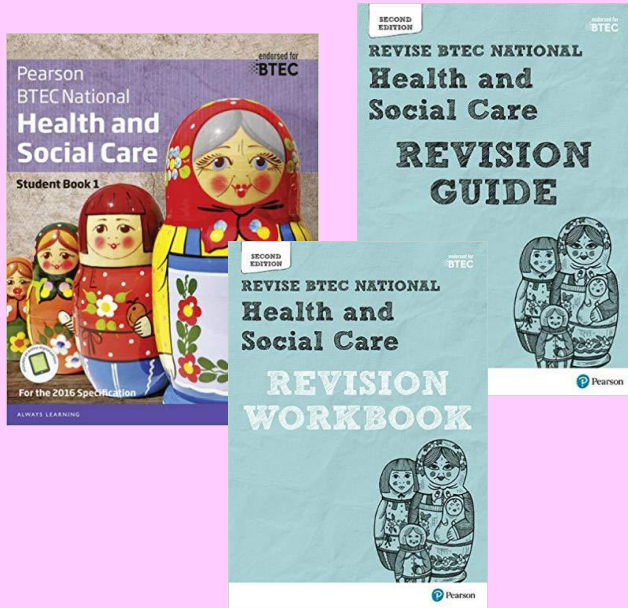


## Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start

# Explanation

# Resources + Summer Task



## Textbooks

## Stationary

- Folder
- Dividers
- Highlighters
- Green, Red, Black pens
- Ruler + Pencils
- Calculator

## Summer task

[Link to your specification for Health + Social Care](#)

**Please make sure you bring a hard (printed) copy of this to EVERY lesson.**



## Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start



End & send Task

## Expectations

- ✓ **Ensure you have completed all tasks**
- ✓ **Complete any notes**
- ✓ **Complete ending task**
- ✓ **Email/Teams message the teacher with any Qs**



### Learning objectives:

- ✓ To gain an understanding of the requirements of your chosen subject in preparation for a September 2022 start