



## Preparation for Health + Social Care

This **level 3 BTEC in Health and Social Care (HSC)** is the perfect course if you have any interest in careers (this list is not exhaustive though!) such as:

### **Health**

- Nurse
- Doctor
- Surgeon
- Midwife
- Paramedic
- GP
- Matron
- Clinical support worker

### **Social**

- Counsellor
- Social worker
- Family support worker
- Carer
- Therapist
- Adult social care
- Care assistant
- Support worker

### Units

**Unit 1: Human Lifespan Development**

**Unit 2: Working in Health and Social Care**

**Unit 5: Meeting Individual Care and Support Needs**

**Unit 14: Physiological Disorders and their Care**

Preparing yourself for this course will help you no end throughout the 2 year course.

There is a lot of content that you need to know and understand in preparation for the exams and coursework that you will complete, getting prepared and starting now will improve your chances of succeeding!

**BTEC Level 3 National  
Certificate in  
Health and  
Social Care**



**BTEC L3 Certificate Health and Social Care  
Miss Ridgeway  
Haileybury Turnford**



## Progression into Year 12

### General preparation:

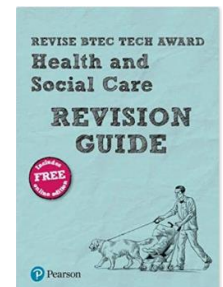
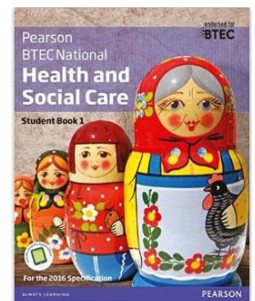
#### Course title:

#### **Pearson BTEC level 3 National Extended Certificate in Health and Social Care**

- Download and print the specification.
- We will be studying **units 1 and 5** in year 12.
- Units 1 and 2 are exams (one in year 12 and one in year 13)
- Unit 5 and 1 other optional unit are coursework
- You have to complete **10 hours work placement** whilst on the course

#### **Equipment you will need:** (Ready for September)

- Text books:
  - [Pearson BTEC National Health and Social Care \(student book\)](#) - covers the content for all the units you will be studying over the 2 years
  - [Revise BTEC National Health and Social Care Revision Guide](#) – covers the content for the 2 exams you will be completing, in a student friendly revision way!
- A4 lever arch folder
- a set of 10 dividers (5 in large folder and 5 in ring binder)
- A4 ring binder
- Pad of lined paper
- Pens and pencils
- Highlighter pens
- Plastic pockets for your folder



**Subject leader:** Miss Ridgeway; email: [ridgewaye@haileyburyturnford.com](mailto:ridgewaye@haileyburyturnford.com)

Below are a list of tasks and resources that I would ask you to gather and prepare, ready for you to begin this course in September. As with any course; the more you put in the more you will gain!

- There are 4 sections for you to look at here, each section has some preparation tasks for you to complete.
- Any questions or queries you have about this course or the tasks listed here, please email me and I will do my utmost to help you out.

**BTEC L3 Certificate Health and Social Care**  
**Miss Ridgeway**  
**Haileybury Turnford**



## 1. Knowledge and understanding of HSC

General knowledge about as many different related aspects as possible will help you no end!

Familiarise yourself with the following **websites**:

<https://www.nhs.uk/conditions/social-care-and-support-guide/>

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

### **WATCH and READ!**

There are some fantastic TV programs and books that will give you insight into topics we will study.

**WATCH:**      Care failure The abuse exposed BBC panorama - Available on YouTube

Barbara's Story - Available on YouTube

Driven: The Billy Monger Story – Available on YouTube

The nine to Five with Stacey Dooley Series 1:2 Caring and Sharing – iPlayer

Inside the care crisis with Ed Balls – iPlayer

Hospital. Road to recover – iPlayer

Paddy and Christina McGuinness: Our family and Autism – iPlayer

Freddie Flintoff: Living with Bulimia – iPlayer

## 2. Life stages

In unit 1 you will be learning about the following life stages:

- Infancy
- Early childhood
- Adolescence
- Early adulthood
- Middle adulthood
- Later adulthood

### **Task:**

1. Choose one of the life stages from the list above
2. Research: What are the ages of this life stage and what development (changes) happens within this life stage?



### 3. The Big Issues

There are many, many issues that are currently affecting our NHS and the care or services on offer to us.

The healthcare we are receiving is constantly under pressure and always up against challenges, new and old.

Below are just *some* of the main issues that they face, today.

#### The Issues

1. An ageing population
2. Health + social care funding
3. Health + social care workforce
4. Provision + services for mental health



#### Task:

Choose one issues from the list above and create a short presentation on it. Your presentation should be no longer than 4 minutes.

You should include:

- What the issue is
- Why it is an issue (why is it a problem?)
- How it effects our society
- What groups of people does it effects specifically (e.g. children, elderly, disabled etc.)
- What (if anything) is being done to resolve the issues/relieve pressure
- Your opinion: what *could* be done to resolve the issues?

Good luck with your progression into year 12 and preparing yourselves for studying Health and Social Care.

I hope you enjoy all of the tasks that have been set for you and you get a good idea of what to expect and look forward to when we're back.

