

# STREATERIES LUNCH MENU



WEEK 1

2/9, 23/9, 14/10, 4/11,  
25/11, 16/12, 6/1, 27/1



**MON**

**MEATBALL MARINARA PASTA BAKE**  
topped with Cheesy Garlic Crumbs

**ASPENS LOADED MAC & CHEESE**   
with Spring Onion, Pepper & Garlic

**CRUNCHY RAINBOW SALAD**



**TUE**

**NASHVILLE BAKED CRISPY CHICKEN BURGER**  
with Ranch Slaw

**CAJUN SPICED BAKED VEGGIE BURGER**   
with Ranch Slaw

**CRISPY BAKED HOME FRIES**



**WED**

**ROAST PORK, STUFFING & APPLE SAUCE**  
with Gravy  
Either as a classic roast dinner or loaded into a ½ baguette

**ROASTED ROOTS FILO STRUDEL**

**SKIN ON ROASTIES CARROTS & BROCCOLI**



**THU**

**GARLIC CHILLI CHICKEN CURRY**

**SWEET & SOUR CHICKPEA VEGETABLE PATHIA CURRY**

**CARDAMOM RICE & GREEN BEANS**



**FRI**

Choose from:  
**BATTERED FISH SAUSAGE or VEG SAUSAGE**  
(battered or plain)   
**Margherita Pizza**   
**Chicken Nuggets**  
**Chips**

**MINTY PEAS, BAKED BEANS, GRAVY OR CURRY SAUCE**

**MAINS**

**SIDES**

## - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE NOODLE POT

BOLOGNESE PASTA

CHINESE CHICKEN CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

**BIG BOWL SALAD**

CHICKEN CAESAR SALAD

FALAFEL & POMEGRANATE COUSCOUS SALAD

QUINOA & FETA SUPERFOOD SALAD

HARISSA ROASTED CAULIFLOWER, CHICKPEA & SPINACH SALAD

TIKKA CHICKEN & MINT YOGURT SALAD

**DESSERTS**

WARM LEMON DRIZZLE SPONGE  
with Custard

BLACK & WHITE SHORTBREAD COOKIE

STICKY TOFFEE PUDDING  
with Toffee Sauce

FLAPJACK

STRAWBERRY TRIFLE POT

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit & Yogurt Pots  
Available Daily

HANDCRAFTED DELI SANDWICHES, BAGUETTES, WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO



# STREATERIES LUNCH MENU



WEEK 2  
9/9, 30/9, 21/10, 11/11,  
2/12, 23/12, 13/1, 3/2



**MON**

**CHICKEN JAMBALAYA**  
with Ranch Slaw

**CAJUN SPICED BAKED VEGGIE BURGER** V  
with Ranch Slaw

**CRISPY BAKED HOME FRIES**



**TUE**

**PINEAPPLE & COCONUT CHICKEN RUNDOWN**

**CARIBBEAN STEWED TOMATOES & BEANS** V

**SPICED PAPRIKA WEDGES  
CARIBBEAN GREEN BEANS**



**WED**

**BRITISH PORK SAUSAGE TOAD IN THE HOLE**  
with Onion Gravy

**QUORN SAUSAGE TOAD IN THE HOLE** V  
with Onion Gravy

**SKIN ON GARLIC ROASTIES  
GREEN BEANS**



**THU**

**SMOKED CHILLI BEEF OVER RICE**  
with Smashed Nachos, Spring Onion & Sour Cream

**VEGGIE BEAN CHILLI LOADED NACHOS** V  
with Spring Onion & Sour Cream

**SMOKY CORN**



**FRI**

Choose from:  
**BATTERED FISH SAUSAGE or VEG SAUSAGE**  
(battered or plain) V  
**Margherita Pizza** V  
**Chicken Nuggets**  
**Chips** V

**MINTY PEAS, BAKED BEANS,  
GRAVY OR CURRY SAUCE** V

## MAINS

## SIDES

### - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

## BIG BOWL SALAD

CLASSIC NICOISE  
WITH EGG

BRIGHT & LIGHT  
CHICKEN PASTA SALAD

SUPERFOOD  
GREEN SALAD V

ASIAN CUCUMBER,  
EDAMAME & NOODLE  
SALAD V

JERK CHICKEN &  
PINEAPPLE SALAD

## DESSERTS

APPLE CRUMBLE  
with Custard

SHORTBREAD

NEW YORK VANILLA  
BAKED CHEESECAKE

BROOKIE

WARM WHITE  
CHOCOLATE BLONDIE  
with Custard

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO



# STREATERIES LUNCH MENU



WEEK 3  
16/9, 7/10, 28/10, 18/11,  
9/12, 30/12, 20/1, 10/2



**MON**

TUSCAN SAUSAGE LASAGNE

PROVENÇAL VEGETABLE LASAGNE V

GARLIC WEDGES  
HOUSE CHOP SALAD



**TUE**

KUNG PAO  
PULLED PORK

BANG BANG  
CAULIFLOWER V

5 SPICE RICE  
& STIR FRIED GREENS



**WED**

CREAMY CHICKEN &  
PUFF PASTRY PIE

SMOKY SWEET POTATO &  
RED PEPPER PIE V

CHIVE MASH  
PEAS, GREEN BEANS  
SAVOY CABBAGE



**THU**

SMOKY ALBONDIGAS  
(Meatballs)

SPANISH VEGETABLE  
TORTILLA V

SPANISH RICE  
TOMATO & GREEN BEAN  
SALAD



**FRI**

Choose from:  
**BATTERED FISH**  
**SAUSAGE or VEG SAUSAGE**  
(battered or plain) V  
**Margherita Pizza** V  
**Chicken Nuggets**  
**Chips** V

MINTY PEAS, BAKED BEANS,  
GRAVY OR CURRY SAUCE V

## MAINS

## SIDES

### - PASTA & NOODLE POTS -

CARBONARA PASTA

VEGGIE THAI STYLE  
NOODLE POT V

BOLOGNESE PASTA

CHINESE CHICKEN  
CHOW MEIN NOODLES

CARBONARA PASTA

ITALIAN TOMATO PASTA - DAILY V

BEANS - CHEESE - **JACKET POTATOES** - TUNA MAYO - SIMPLY PLAIN

## BIG BOWL SALAD

CLASSIC GREEK SALAD  
WITH FETA & OLIVES V

SQUASH, ROASTED  
VEGETABLE  
& CHICKPEA SALAD V

SMOKY MEXICAN BEAN  
CHOPPED SALAD V

CRUNCHY RANCH  
& EGG SALAD V

COCONUT CHILLI  
CHICKEN SALAD

## DESSERTS

APPLE & SYRUP  
SPONGE  
with Custard

CHOCOLATE  
SHORTBREAD

KEY LIME  
CHEESECAKE

CHOCOLATE BANANA  
CAKE  
with Custard

BROWNIE  
with Chocolate Sauce

Daily Meal Deals  
Regular  
Chef's Specials

Freshly Made from Scratch  
**DAILY!**

Fresh Cut Fruit  
& Yogurt Pots  
Available Daily

HANDCRAFTED DELI  
SANDWICHES, BAGUETTES,  
WRAPS, SALADS & MORE!

**DELI KITCHEN**  
HOT GRAB & GO