

## TALKING **ADDITION** NEEDS

Wednesdays 9.45 - 11.15am Online Course ID: 770 17<sup>th</sup>, 24<sup>th</sup> Sept, 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> Oct 2025 **Delivered online using Zoom** 

Wednesdays 8.00 - 9.30pm Face-to-Face ID: 771 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> Nov, 3<sup>rd</sup> & 10<sup>th</sup> Dec 2025 Venue TBA Watford

## A 6-week group for parents and carers of children with any additional need. Your child does not need a diagnosis.

- Understand your child's behaviour
- Develop strategies that really work
- Reduce conflict and increase co-operation
- Improve emotional regulation
- Explore sensory needs
- Increase your child's resilience
- Manage the different needs within your family

These courses are provided free to participants by Hertfordshire County Hertfordshire Council's Targeted Parenting Fund



Groups are open to parents, carers, grandparents and guardians living, or with a child in school, in Hertfordshire.

'I have been on a few courses to help me with my child but this was by far the most helpful'

**Booking essential** Please quote the course ID To check eligibility and book a place, contact Supporting Links on:

## 07512 709 556

bookings@supportinglinks.co.uk

## www.supportinglinks.co.uk

Information you share with us is used to process your booking. This will be held securely and only shared in accordance with our GDPR Policy.