



Herts & West Essex
Mental Health Support Teams

NHS
Hertfordshire
Partnership University
NHS Foundation Trust

Warriors of Wellbeing CAMP

Mental Health Support Team of Broxbourne in connection with Lea Valley's Forest School is excited to announce our 2025 Warriors of Wellbeing (WoW) Camp!

The WoW camp aims to support children and young people aged 8-12 in the Broxbourne area to:

- **Improve emotional literacy**
- **Understand the importance of Mental Health & Wellbeing**
- **Promote positive wellbeing through fun filled education activities**

Your child will experience:

- **Meeting new people**
- **Access to qualified mental Health and wellbeing practitioners**
- **Wellbeing workshops**
- **Arts, Crafts, games, Forest School & more ...**



Location: Holy Trinity Church of England Primary School, Longlands Close, Waltham Cross, EN8 8LU

Dates: Monday 11th August – Friday 15th August 2025

Times: 10:00 am – 3:00 pm

Register your child's interest by Friday 4th July 2025:

<https://forms.office.com/e/xHRTByiFXu>

All individuals who register an interest in their child attending will be emailed a WoW camp application form to complete by **Friday 18th July 2025**. Please return the completed application form to secure your child's place by this date.



Please note: First time participants who have not attended MHST Broxbourne's WoW camp in previous years will be prioritised.

WoW Camp is a free event provided by the NHS. This is not a childcare facility. All attendance is recorded on your child's NHS record. For further information please use the link provided.