ONLINE SAFETY NEWSLETTER.

INTERNET SAFETY DAY 2026: SMART TECH, SAFE CHOICES – EXPLORING THE SAFE AND RESPONSIBLE USE OF AI

INTERNET MATTERS: SAFELY USING AI

Internet Matters has produced helpful guide full of hints and tips to support parents, carers & professionals with safe use of AI:
How to use AI safely with children | Internet Matters

INTERNET MATTERS: SET UP SAFE GUIDE

Setting up devices safely works best when you layer up parental controls across networks, devices and apps alongside regular conversations.

This guide shows you how to layer up in a simple, manageable way, so safety grows with your child: **Layer up for online safety: Parental controls guide**

NSPCC: SAFETY TIPS FOR PARENTS

Learn more about AI content and tools, and discover ways to help your children stay safe:
Artificial intelligence safety tips for parents | NSPCC

SNAPCHAT: MY AI

How do I turn off My AI on Snapchat?

My AI is a chatbot available on Snapchat that is automatically added to all Snapchatters' contact list. Only Snapchat+ subscribers can unpin or remove My AI from their contact list.

However, all users can take steps to remove My AI data regularly.

To delete My AI data:

Step 1 – From your **profile**, tap the **gear icon** to open your **Settings**

Step 2 – On Android, scroll down to **Account Actions** and tap **Clear My AI data** > **Confirm**.

On Apple devices, scroll down to **Privacy Controls** and tap **Clear Data** > **Clear My AI data** > **Confirm**.

Learn more about Snapchat's AI bot.

GUIDE FOR PARENTS: POPULAR GAMES AND APPS FOR CHILDREN

This handout summarises key findings from Ofcom's Online Nation 2025 report and related Ofcom children's research. It will help you quickly compare the built-in tools children and parents can use to support healthier use — such as private accounts, messaging controls, reporting, content filters and screen-time reminders: **Social-Media-and-Popular-Games-Handout-for-Parents-V1-1.pdf**

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