



Subject: King's Trust – Personal Development & Employability Skills

Curriculum Intent Document:

	Year 10	Year 11
Autumn 1	<p>Teamwork Skills Developing team working skills by understanding the roles and ways of working within a team to achieve a shared goal. Students will have the opportunities to experience working as part of a team to practice teamworking skills.</p>	<p>Personal Development Students will assess their strengths and weaknesses, to set manageable, achievable goals for work and/or personal life. This is about increasing students' resilience to change by encouraging them to focus on their future and demonstrate to themselves that they can achieve targets they set.</p>
Autumn 2		
Spring 1	<p>Digital Skills Use of digital technology to enhance their communication, problem solving and employability skills, as well as their use of social media in a safe and informed way. Using digital technology to research, prepare and give a presentation to the group.</p>	<p>Career Planning Giving our students a better understanding of the jobs market and equipping them with skills and knowledge to embrace social media to support their searches, job applications and interviews. It is an opportunity for the students to think about careers they may wish to pursue, and reflect upon the training, education and experience required to enter that profession. Provide advice and guidance on how to best present themselves through their CVs, applications, or at an interview.</p>
Spring 2		
Summer 1	<p>Wellbeing Students will become more aware of their own wellbeing and can focus on different aspects to support understanding and techniques to keep it in good condition. They will look at their self-esteem and confidence, emotional and physical wellbeing and how to manage situations that may cause stress.</p>	<p>Revision Supporting with revision skills & revision.</p>
Summer 2		