

4th March 2026



School of
Sexuality
Education

Dear Parent/Carer

As part of the school's Personal, Social and Health Education programme, your child will receive workshops on relationships, sex and health education (RSHE) delivered by School of Sexuality Education and on Tuesday 12th March.

School of Sexuality Education will deliver age-appropriate and tailored workshops for Year 10 in line with the statutory guidance on RSHE. The topics they will cover are;

- Positive relationships - what are the signs of harmful behaviours in relationships? Understanding the difference between caring behaviours and controlling ones. how to build safe, healthy relationships. Seeking help and support services.
- Sexual violence - what are stereotypes and gendered sexual expectations? The impact that these ideas have - on everyone! How does this link to broader inequalities? Understanding our role as active bystanders in building safe and inclusive spaces for everyone. Accessing support services.

The purpose of the workshops is to provide knowledge and understanding of safe and positive relationships based on love and respect.

The team at School of Sexuality Education pride themselves on being open to sensitive topics and discussions and strive to create a safe and non-judgemental environment for students to discuss any questions or concerns.

Yours faithfully

Dolly Padalia

CEO, School of Sexuality Education



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