

Youth Mental Health First Aid Training

1 day Champion course designed specifically for Hertfordshire Parent/Carers of 8 to 18 year olds.

FREE



MHFA England

You will learn:

- An understanding of common mental health issues and how they can affect young people
- The ability to spot the signs of mental ill health in young people, and guide them to a place of support
- Knowledge and confidence to advocate for mental health awareness
- Skills to support positive wellbeing

Friday 13 Nov 2026 9.30am to 4pm	Peartree Spring Primary School, Stevenage, SG2 9GG	Parents/Carers	Parking available on roads near venue
Friday 12 Mar 2027 9.30am to 4pm	Hobbs Hill Wood Primary School, Hemel Hempstead, HP3 8ER	Parents/Carers	Parking available on site

To book your place please email schoolsmh@hertfordshire.gov.uk

Places are limited to two representatives per education setting